



Presidio of Monterey *Community News*



Vol. 5, No. 20

Serving the military and civilian community at the Presidio of Monterey and POM Annex

Dec. 11, 1998

What's new:

Last 1998 issue:

Thank you all for your patience in waiting for this the last issue (replaces the previously scheduled Dec. 4 issue). Because of you, the *Community News* continues to evolve as a valuable base newsletter - beginning in November 1994 with only four pages. It's incredible how much information continues to flood the editor's desk throughout the year. The next issue will be the last publication for the current editor / Public Affairs NCOIC with retirement around the corner. - editor

Next Issue: Jan. 8, 1999

Federal Holidays, Training Holidays for 1998-99

Dec. 18-Jan. 1:

Holiday Exodus (students)

Dec. 25: Christmas Day
Dec. 28: Training Holiday
Jan. 1: New Year's Day
Jan. 4: Training Holiday
Jan. 18: Martin L. King Day
Feb. 15: President's Day
May 28: Training Holiday
May 31: Memorial Day
July 2: Training Holiday
July 4: Independence Day
Sept. 3: Training Holiday
Sept. 6: Labor Day

Season's Greetings

To All, May Your Holiday Season Be Joyful,
Peaceful, Safe and Comforting



Be Safe -
it's a lot more joyful
in the long run



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The POM **Community News** newsletter supplements the **GLOBE** (DLI's linguist-focused magazine) providing current information on local news and events for joint service military and DoD civilian community members of the Defense Language Institute Foreign Language Center (DLIFLC), U.S. Army Garrison, Presidio of Monterey and Presidio of Monterey Annex. We welcome you to send information and short articles that may be of interest to our local community (please include your name and phone number). If you're interested in the Classified Ads section (POM-MART), see Pages 32-36. If your item(s) have sold, please let us know. Also, periodically added to this newsletter is a Telephone Directory. Notify the editor if there are any changes or corrections to this directory.

Write, E-mail or fax information to:

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or E-Mail: Rickmanh@pom-emh1.army.mil

Command's hotline (Bossline) - 242-POST

Dial 242-POST or 242-7678 / MS Mail: BOSSLINE / E-mail: Bossline@pom-emh1.army.mil

The command's hotline is for you to call in (24 hours daily) or MS Mail / E-Mail your thoughts, ideas, concerns, and complaints, to include helping the command spot security and safety problems on the Presidio or its Annex.

Deadlines for submitting information

Dec. 18 (for the Jan. 8, 1998 issue)

Jan. 12 (for the Jan. 22, 1998 issue)

Available on the World Wide Web:

The **Community News** and the **GLOBE** magazine can be accessed via computer/modem by selecting "Presidio of Monterey HomePage" <http://pom-www.army.mil>

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Editor / Design / Layout /
Public Affairs NCOIC
SFC Hope J. Rickman

Distribution this issue: 4,000 copies

"Please help us find our daughter"

- Christina's mother and father, Alice Williams and Chief Petty Officer
Michael Williams Sr., U.S. Navy meteorologist



13-year-old teen missing since June 12

Christina Marie Williams

5'3" / 80 lbs

To help in the search for Christina...

Volunteers now call hot lines

242-6179 (Monday through Friday, 8 a.m. to 4 p.m.)

664-2128 or 664-2129 (24 hours daily)

1-800-648-7502 (24 hours daily)



From the desk of the Garrison Commander



I want to take a moment and wish all of you Happy Holidays at the approach of this special season! It's a wonderful time of year to assess what our accomplishments have been for the last year and also what our goals will be for the coming year. It is a time of year that can bring great hope because we have a new year and another opportunity to redirect and rededicate our efforts.



**Col. Peter Dausen, U.S. Army,
Garrison Commander**

A goal I am taking on for myself and one which I offer to all of you for the new year is:

1. Think on the good things; make a point to reflect daily on positive things in your life! Life itself is precious.
2. Think about how you can make a difference; find a way on a regular basis to contribute at home, at work on the job, in your community. Small things can make a big difference.
3. Help each other along the way; we are all dependant upon each other in this life. Smile, be a friend / make a friend. You'll enrich your own life as you help enrich others!

Much Thanks to all of you for all that you do; all your great work and contributions; all together you make it happen!.

And may you all be wonderfully and richly blessed during this Holiday Season!

Thanks for listening.

Commentary:

Family traditions are like pound cake

by Karl Weisel

Like most families, the holidays were a special occasion in our house. Thanksgiving and Christmas meant a house full of people, music, good humor and tasty eats. As kids, we were never sure who would appear at the dinner table. Friends, coworkers, teachers, single soldiers, jazz musicians (Dad wrote a jazz column for *The Stars and Stripes*) and anyone else Mom and Dad happened to befriend were invited into the family circle to share in the occasion. The problem facing the folks every year was how to squeeze the guests around the table. All of us there, family and friends alike, took Dad's annual proclamation to heart, "We don't stand on a lot of formality in this household, but one rule we do have is: 'if you get up hungry, it's your own darn fault.'" My siblings and I learned quickly that to garner a drumstick or other choice morsel, we had to stake a claim to a seat nearest the turkey platter well before dinner was served.

As much a celebration of the season, the holiday meals were a time for ear-opening conversation, story-telling (true life stories embellished for maximum entertainment) and enjoying each other's company. Once the toasts were made in gratitude for the meal and our blessings, we turned our attention to keeping the dishes moving swiftly around the table and savoring the fine fare.

It usually wasn't until many hours later that anyone got up from the table for fear of missing out on the lively dialogue. Stories about life during World War II, in post-war Berlin, various people and places visited or the music business mixed freely with descriptions of the day-to-day events in our DoDDS classrooms. For those of us less gifted in the fine art of spinning a good yarn, it was simply a treat to sit back, listen and soak up these impressions of the world beyond our immediate reach. Now that I'm a few years older with children of my own, I appreciate even more how valuable everything we share with friends and family becomes. In a world where television, computers and other products of passive instant gratification dominate, almost everyone still craves the welcome warmth of communion. The bonds of friendship are that much stronger for those thoughts, traditions and feelings we share with our family and friends. While it may sometimes seem there just isn't enough time to properly observe these rituals in our fast-paced lifestyles, it's important to make the time. Our shared experiences and traditions give us a sense of belonging — a feeling of being a part of something bigger than ourselves. Our children, especially, appreciate this opportunity to learn more about where they came from and the opportunities that await them. Family stories are like the holiday pound cake — they get better with age. *(Karl Weisel is with the 104th Area Support Group Public Affairs Office in Hanau, Germany.)*



**Twas the night before Christmas
and in the mess hall,
The cook and first sergeant stood straight and tall.**

**Awaiting the troops that couldn't get leave,
Lots of sad faces
on this Christmas eve.**

**They're guarding our country, they're minding the store,
They've never been away from home before.**

**Cheer up young soldier, you've no
reason to be sad,
You've not been forgotten by your
Mom and your Dad.**

**Get up Christmas morning and give
them a call,
Say Merry Christmas and love to them all.**

**You will feel better and your loved
ones will too,
Their Christmas will be brighter just hearing from you.**

**Thanks to you young soldier their
Christmas will be,
Enjoyed in a country that you help to keep free.**

**Stand proud young soldier,
while you're away,
May God bless you and keep you this Christmas day.**

**Deannie Deitterick
U.S. Army Wife,
Fort Belvoir, Va.**



Holiday Message from the Secretary of Defense



As we enter this joyous season and approach the end of 1998, it is fitting that we pause to reflect on our accomplishments.

For another year, we have maintained security in an unstable world. In operations at home and abroad, you have defended America's vital interests, transformed chaos into calm, and provided shelter, food and care for thousands in need. Most important, by your very presence, you brought hope to those who had known only despair. These are not only great military achievements, they are great humanitarian accomplishments for which the entire nation can be proud.

Now, as we gather to enjoy the holidays, let us rejoice in the freedoms which your sacrifice, dedication and determination have made possible. But let us not forget those who are not here: the soldier who stands watch on the DMZ, the sailor who scans the horizon in the Persian Gulf, the aviator who monitors the skies over Bosnia, the Marine who stands guard at an embassy in a faraway land, and the Coast Guardsman who patrols the waters off our own shores. Our thoughts, gratitude and prayers are with you.

May the spirit and peace of this holiday season be with you all and may God grant you health and happiness in the coming year.

Happy Holidays!

-- William S. Cohen



Holiday Message from the Chairman, Joint Chiefs of Staff



This holiday season, as in years past, American families will come together to celebrate their faith, welcome the New Year, and treasure the simple joys of life. Many of the blessings we enjoy -- a nation at peace, a prosperous standard of living and the promise of a safe and secure future -- are a legacy of the sacrifice, dedication and commitment of our soldiers, sailors, airmen, marines, coast guardsmen and DOD civilians. Throughout this season, as they do throughout the entire year, our forces will remain on duty, supporting operations and guarding freedom's frontiers around the globe.

During the holidays, our thoughts and prayers go out to all of you -- especially to those serving far from home, performing difficult and sometimes dangerous missions apart from family and loved ones. Each of you is a national treasure, whose dedication and selfless service make a tremendous difference, not only to your fellow Americans, but to people in need all over the world. Every day, you show America at its very best!

At this special time of year, Carolyn and I wish you a safe and rewarding holiday season and wish you the absolute best in 1999.

Sincerely,

Henry H. Shelton

Chairman of the Joint Chiefs of Staff

Next best thing

to making a holiday
phone call:



At this time of year the Presidio of Monterey Video Teleconferencing facility is available for "Holiday Calls". Any Service person or dependent can schedule to video teleconference with distant relations if the distant relation is proximate to a military installation. To make the arrangements, an interested party needs to simply contact Audio Visual at 242-5300 (ask for Leo). The Audio Visual staff will their try best to schedule your teleconference call.

"I threw it all away"



By Airman Basic Scott A.S. Willeke,
former Misawa Air Base member

(Courtesy reprint Northern Light, May 27, 1994)



"April 20, 1994, was my wife's 25th birthday. There was no celebrating this year. It's not that I don't love my wife; I killed her by driving drunk. I am not someone sitting behind a computer reading statistics. I'm writing this letter from my jail cell. Both me, and unfortunately my wife, have been affected by drunk driving.

For my stupidity, I was court martialed and received a bad-conduct discharge, one year confinement, forfeiture of \$550 a month for 12 months, and a reduction to airman basic. For my stupidity, my wife died.

How did this happen?

Like many couples, we had a promising future. We had a beautiful marriage and satisfying jobs. I had been selected for promotion to staff sergeant and selected to participate in the annual Gunsmoke competition. Though we had been married slightly more than a year, we had traveled to places others only dreamed about. We looked forward to a life in the U.S. Air Force and all the benefits that accompanied it. On Nov. 7, 1993, I threw it all away.

That night, I decided to drive drunk. I wasn't drunk, or so I thought, and decided to drive my wife home after a night of drinking and dancing. That night was the last time I saw my wife alive.

On the way home, I foolishly tried to keep up with a friend who had been speeding in another car. I lost control of my car and slammed into a concrete utility pole. My wife was thrown head first into the concrete pole and was ripped from the car as the passenger side was completely demolished.

She died violently.

Who was I to play God with her life and others? She didn't deserve this. No one deserves this. If you ever met my wife, you know she was full of life and happiness. She was seldom seen without her beautiful smile.

No one will ever see her smile again.

Drinking affects your judgment. I drank alcohol before and thought I knew my limit. That night, I consumed a bottle of wine, a couple of beers and a soju-based mixed drink in approximately four hours. I didn't think I was drunk, nor did I think the alcohol would affect my judgment. I was wrong.

On the night of the accident, I was speeding and failed to negotiate a curve I knew like the back of my hand. Driving requires your best judgment and reflexes.

Unfortunately, alcohol took mine away on Nov. 7 and that took my wife away forever. If there is a lesson to be learned from this tragedy, it is this: don't drink and drive!

You will eventually get caught. If you are lucky, you'll only have to pay a fine or have your driving privileges revoked. However, there is a good possibility you may end up like me: a convicted felon with an uncertain future. My wife is dead, as is my career.

It will be virtually impossible for me to find meaningful employment and obtain credit after I am released from jail. On the balance, my sentence is a small price to pay for the lives I destroyed."

EVENTS

Greet Troops Overseas Via Dear Abby Holiday Card/Letter Drive

Through Jan. 15

(See Page 20 for overseas
addresses)

WASHINGTON (AFP) — Operation Dear Abby, nationally syndicated columnist Abigail Van Buren's annual drive for holiday cards and letters to service members stationed overseas, is ongoing. The Military Postal Service Agency has identified five addresses for use for the 1998 holiday season.

Locations include: *South America, Central America and the Caribbean / the Far East / Europe and Southwest Asia / and the Pacific Basin.* MPSA targets major U.S. military aerial mail terminals and fleet mail centers overseas. The mail hubs receive the mail and distribute on a "fair share" basis to all services across the board.

Addresses other than these will not determine distribution. For example: a letter addressed to a soldier may be distributed to an airman, soldier, sailor or Marine. The addresses will be open through Jan. 15. The U.S. Postal Service will not accept mail at these addresses after Jan 15. All mail for Operation Dear Abby is limited to first class, 11 ounces or less only.

Army Emergency Relief MG Ursano Scholarship Program Through March 2, 1999

POMANNEX - Application requests for the Army Emergency Relief MG James Ursano Scholarship Program for the school year 1999-2000 are available now through March 2, 1999. Family members, stepchildren or legally adopted children (of soldiers on active duty or retired) under the age of 22 are eligible. Call AER Officer Mike Pablo at 242-5501.

Lighthouse Volunteers Needed In Big Sur and Pacific Grove Need Immediately

BIG SUR/POINT SUR - Recruitment is ongoing for new volunteers for the Point Sur Lightstation in Big Sur and the Point Pinos Lighthouse in Pacific Grove. Volunteers are desperately needed and you may just be the one to make a difference.

Intrigued? The Point Sur Light Station in Big Sur and the Point Pinos Lighthouse in Pacific Grove rely on volunteers. We need new volunteers in the following area: docents, historians, and to help in our visitor's center. We provide interesting classes and you bring your zeal for these icons of history and navigation. It's a great opportunity to meet other lighthouse buffs and learn more about the Peninsula and Big Sur. Evening classes are scheduled for late January. To learn more, please call Central Coast Lighthouse Keepers at 649-7139, or call Ron Kettlewell, Pacific Grove Museum at 648-3116, extension 13.

Anger Management 1 Dec. 11

NAVAL POSTGRADUATE SCHOOL - The next Anger Management 1 class will be held Dec. 11, Friday, from 9 to 11 a.m.

This class will help individuals control and better manage their anger with discussions of the following issues: *Anger Myths and Truths, The Unhealthy Consequences of Anger; Anger Cues and Self-Identification; The A, B, C, of Identification and Change; and How to Control Your Anger So It Doesn't Control You.*

Classes meet at the Family Service Center in Building 2, La Mesa Village. For more information, to register and ask about child care, call 656-3488.

Quarterly Postwide Yard Sale Dec. 12

POMANNEX - Gates will open to the public Dec. 12 from 10 a.m. to 1 p.m. for the next postwide yard sale.

Location: the sale is located just off 8th Avenue and Joe Lloyd Way, directly across from the Lawn Care/Self Help Center on the Annex. After entering the main gate, follow the posted signs.

Registration for the 189 available spaces and 40 tables will be conducted at the Mayoral Program Office at General Stilwell Community Center, POMAnnex. Spaces are available on a first come, first serve basis.

Fees are \$5 for active duty and family members residing on POM and POM Annex and \$10 for all others. For more information, call 242-5056 and leave voice mail.

Native Plant Restoration/Music at Fort Ord Dec. 12

FORT ORD PUBLIC LANDS - Help wanted: planting native shrubs and grasses on former Fort Ord, Dec. 12 from 9 a.m. to 3:30 p.m. "Return of the Natives" and the Bureau of Land Management are joining forces to bring you the first of a series of work and music events in the Fort Ord Public Lands. Enjoy a day of planting native shrubs and grasses to the tune of Mariachi music.

Following the work day, there will be light snacks for everyone. Do bring your own picnic lunch, though. Directions: from Highway 1, take the exit marked [former] Fort Ord Main Gate. You are then on Light Fighter Road. Follow to the second traffic light. Turn right on to North-South Road on the former Fort Ord, now in part, POM Annex and the site of California State University Monterey Bay.

If more information is needed, please call 242-5056 and leave a message.

Free Admission to Monterey Bay Aquarium

Daily Until Dec. 13

MONTEREY - If you live in the area, including military, you're invited to visit the Monterey Bay Aquarium FREE of cost daily through Sunday, Dec. 13. Local residents and military should bring I.D. showing proof of living in the area. (Examples of proof for military members: utility bills, telephone, cable bills, letter from commander, or anything with a Monterey address on it.)

New Foreign Area Officer One-Week Course Dec. 14-18

POM - The Foreign Area Officer Program will host the Foreign Area Officer Course from Dec. 14 to Dec. 18 at the Weckerling Center (Building 326). The course is designed to brief new Foreign Area Officers about what to expect in their respective fields.

Divorce/Separation Support Group Dec. 14, 21

NAVAL POSTGRADUATE SCHOOL - The next Divorce/Separation Support Group will meet Dec. 14, 21, Mondays, from 6:30 to 8 p.m. This is an on-going support group for individuals who are separated or going through a divorce. This program is open to all individuals currently separated or who have gone through a divorce in the last few years but feel they are still very angry or resentful. Two issues frequently dealt with are grief and learning to deal with your ex-partner when children are involved. Classes meet at the Family Service Center in Building 2, La Mesa Village. For more information, to register and ask about child care, call 656-3488.

Outdoor Holiday Decoration Contest Dec. 15

POM & POM Annex - Santa's Helpers will out one evening around Dec. 15 in each of the parks choosing the best

decorated houses. Judging will be based only on exterior decorations. Fourteen \$25 gift certificates from the PX will be presented to the winners at their homes on Dec. 17 by volunteer staff of the Mayoral Program.

Installation-Wide Holiday Celebration Dec. 15

POM & POMANNEX - All Presidio of Monterey military, civilian staff, faculty, retirees and family members/guests are invited to the Installation-Wide Holiday Celebration to be held Dec. 15 at the General Stilwell Community Center, Building 4260, POMAnnex. Tickets are \$3 for each person. See your organizational representative or call Sylvia Rodriguez (242-5240) or CTI Rillo (242-6780). It's a potluck dinner - please bring enough food for seven others. Dress is informal (No jeans please.). Scheduled is: social hour/food setup at 6-7 p.m.; dinner/entertainment at 7-8:30 p.m.; and after dinner dancing until 11 p.m. Come enjoy a rich variety of foods, a festive holiday atmosphere and happy times with old and new friends of the Presidio of Monterey Community.

"Symphony Christmas at Carmel Mission" Third performance added Dec. 18

CARMEL - Because of the overwhelming, unprecedented response to "Symphony Christmas at the Carmel Mission," the scheduled performance for Dec. 15 is sold out.

Because of this, a third performance on Dec. 18 has been added.

To secure a seat for the Dec. 18 performance, call 624-8511 immediately. One more chance to enjoy Monterey Symphony and Symphony Chorus on Friday, Dec. 18 at 8 p.m. at the Carmel Mission (formally named Mission San Carlos Borromeo Basilica). The Carmel mission is located on Rio Road just off Highway 1 to the west (other side of the highway from the Barn). The Symphony Christmas at the Carmel Mission is performed in candlelight. Patrons are

welcome to bring seat cushions, but no flash cameras or recording devices of any kind are permitted. Tickets are \$18 adults, \$10 children under 12. VISA and MasterCard are accepted. Conforming to Carmel Mission traditions, no tickets will be available at the door. Advance purchase is recommended as seating is limited. Please call 624-8511. After work hours, feel free to leave your name, telephone number, ticket order and credit card information on the answering machine. Tickets will be mailed out prior to the performance. Patrons unable to attend the Dec. 15 concert may leave their names on a waiting list for any tickets which may be turned back. The Monterey Symphony, now in its 53rd subscription season, is a fully-professional orchestra serving all the communities of the Monterey Bay, Salinas, Valley, Big Sur, and San Benito County.

Moms Helping Moms Dec. 15

NAVAL POSTGRADUATE SCHOOL - Bring your children and a toy to share and play with other children while you attend *Moms Helping Moms* on Dec. 15, Tuesdays, from 10 to 11 a.m. La Mesa Community Center.

If you're a new mom or mom-to-be, this is your opportunity to get together with other new moms or moms-to-be and discuss, share, educate, and help relieve stress. Classes meet at the Family Service Center in Building 2. For more information, to register and ask about child care, call 656-3488.

Mom Time Dec. 16

POM ANNEX - Every Wednesday moms are invited to attend the one-hour "Mom Time" at the General Stilwell Community Center from 10 to 11 a.m.

New moms and moms-to-be get together to discuss, educate, share, teach, and relieve stress. Bring your children to play with others, bring a toy to share.

For more information, call the Army Community Service at 242-7660 or the Family Service Center (Naval Postgraduate School) at 656-3488.

**Christmas Meal
served in both Dining Facilities
on the Presidio**

Dec. 17

POM - One day prior to the beginning of student break or exodus, both Combs Hall and Belas Hall dining facilities will serve a pre- Christmas meal from 10:45 a.m. to 1:15 p.m.

(Note: The traditional Christmas Day meal will be served at Combs Dining Facility only on Dec. 25.)

**University Fair
at the Weckerling Center
Dec. 18**

POM - The Foreign Area Officer Program, Defense Language Institute Foreign Language Center, Presidio of Monterey, will host a University Fair on Friday, Dec. 18, from 9 a.m. to 2 p.m. at the Weckerling Center (Building 326). Several graduate schools will be represented to discuss their graduate programs in International Relations and Area Studies. Anyone interested is welcome to participate. For more information, please call the FAO office at 242-5110.

**Fiesta Flamenca
Dec. 18**

FELTON - Each month, something new. On Dec. 18, flamenco dancer La Romera presents the monthly flamenco event at Do Quixote's Restaurant in Felton. This month showcases special guest artists direct from Spain; renowned Gypsy singer, Luis Agujetas and the extraordinary dancer Carlos Robles. For only \$10, its an evening of Flamenco dance, song and guitar, while enjoying a dinner of Mexican seafood specialties. Reservations are recommended. The restaurant is located at 6275 Highway 9 in Felton (off Graham Hill Road). For reservations, call 335-2800.

**"Toward a Global Pact..."
at the Weckerling Center
Dec. 18**

POM - For anyone interested: Dr. Edward Laurence, Monterey Institute of International Studies will be at the Weckerling Center on Dec. 18 at 6 p.m.,

to present "Toward a Global Pact on Sophisticated Small Arms."

**Native Plant Restoration
at Natividad Creek
Dec. 19**

SALINAS - Nueva Vista and Acosta Plaza Neighborhood Associations join forces with Return of the Natives for a morning clean-up lower Natividad Creek Park (downstream of Virginia Rocca Barton School). Meet from 8 a.m. to noon, Dec. 19, at the park (located near intersection of Freedom Parkway and Nogal Street. Park in the lot by the bathrooms, and walk 10 minutes downstream. Call 582-3698 or 582-3686.

**Winter Wonderland
Dec. 23**

MONTEREY - Celebrate the holiday season Dec. 23 with a touch of snow at the Winter Wonderland event to held at the Monterey Fair Grounds. Everyone is invited to this free event where you can enjoy the snow slide, the bounce house, refreshments and visit Santa Claus. Sponsored by the Kris Kringle Foundation. Call 658-3671.

**Traditional Christmas Meal
Served at Combs Dining Facility
Dec. 25**

POM - The traditional dining facility Christmas meal will be served from noon to 2 p.m. at Combs Dining Facility only. Cost: all active duty, \$5 (\$4 for guests), retirees \$4 (\$4 for guests of retirees).

**Monterey Road
Child Development Center
Holiday Schedule**

**Dec. 21-24
Dec. 28-31**

POM ANNEX - The Monterey Road Child Development Center will open for FULL day care ONLY on Dec. 21-24 and Dec. 28-31 from 7:15 a.m. to 5:15 p.m. For more information, call CDC at 583-1050.

**Training Holiday for Military
Dec. 28**

**"First Night"
Dec. 31**

MONTEREY - Join the local community for the City of Monterey's "First Night," a New Year's Eve Family Arts Celebration, Dec. 31 from 2 p.m. to midnight. For information, call 373-4778.

**"Forever Plaid"
Returns to Rock the Bough
Dec. 31**

CARMEL - Pacific Repertory Theatre's production of the off-Broadway musical hit, "FOREVER PLAID," is set to ring in the new year, Thursday, Dec. 31 at the historic Golden Bough Theatre in Carmel-by-the-Sea. The opening performance night will include, light buffet, traditional New Year's Eve beverage and desert and dancing. Brought back by popular demand, the internationally famous "FOREVER PLAID" presents a rollicking evening of nostalgia mixed with contemporary humor and the songs you know so well, "Sixteen Tons," "Heart and Soul," "Three Coins in the Fountain," "Day-O," "Catch a Falling Star," and "Chain Gang."

Pacific Repertory Theatre's production of "FOREVER PLAID" continues the first two weekends of January at the Golden Bough Playhouse in Carmel--by-the-Sea on Jan. 1, 2, 8 and 9 starting at 7:30 p.m.

There also will be a 2 p.m. matinee on Jan. 10. Tickets are \$20 for general admission, and \$15 for senior/students/military. For advance tickets and information, call 622-0100.

**New Year's Day
Jan. 1**

**Training Holiday for Military
Jan. 4**

Events

Active Parenting

Jan. 12

POM ANNEX - An eight week Active Parenting workshop will be held from 10 a.m. to noon on Tuesday mornings, beginning Jan. 12. Free child care is provided. Interested parents may register by calling Army Community Service at 242-7659 or 7653.

Dad Time

Jan. 12

POM ANNEX - "Dad Time" is a new group for fathers of young children (under the age of 5). It offers an opportunity to get together with other Dads while children play. The group will meet on Tuesday mornings, beginning Jan. 12 from 9 to 10 a.m. For more information, call 242-7659 or 242-7653.

POM Theater

To Hook Up a 24-hour Automated Phone Line January 1999

POM - The POM Theater is in the process of automating its phone number, 372-1249, to provide a 24-hour information service. This service should be operational by January 1999. Until the phone is automated, the phone is only manned on movie nights from 6 to 9 p.m. Of note: The equipment is currently being transferred from the POM Annex theater (Barker Theater) which closed permanently in September.

1st Friday Fun and Teen Group Jan. 8

NAVALPOSTGRADUATE SCHOOL- A support and educational group for adolescents, 6th through 9th grade, will meet on the first Friday of every month from 4:30 to 6:30 p.m. Focus of the group will be on socialization and survival skills for young adolescents adjusting to a new community. It is hoped that participants get involved in barbecues, sporting activities, and learn about community activities. This is a Family Service Center sponsored activity and

meetings are held in Building 2, La Mesa Village. Please call 656-3488 for more information, or to register for classes.

Toddler/Preschool Activity Time

Jan. 14

POM ANNEX - Army Community Service Family Advocacy Program is establishing a monthly Activities Time for children 2 to 4 years of age. The first session will be held Jan. 14 from 10 to 11 a.m., at the General Stilwell Community Center. Parents must accompany their child. Participation is limited and registration required. To register or for more information, call 242-7653.

Expectant Parent Classes

Jan. 14, 21, 28

POM ANNEX - Army Community Service is sponsoring a three-part class for expectant parents on January 14, 21 and 28 from 6 to 8 p.m. at the Weckerling Center, Presidio of Monterey. The classes are open to active duty service members, their family members, and Department of Defense civilians.

Topics include: nutrition during pregnancy, fetal development, what to expect during labor and delivery, caring for your newborn, breast feeding, and information on community programs for new parents. Light refreshments will be served. For more information and registration, call 242-7653 or 242-7660.



Newcomers Orientation Jan. 20

Deadline for child care, Jan. 15

POM ANNEX - You are invited to a Newcomers Orientation on Jan. 20 from 10 a.m. until 3 p.m. at the General Stilwell Community Center on the Presidio of Monterey Annex. For details, see Page 12, middle column. To reserve a space on the bus, call Army Community Service at 242-7660. To arrange for child care, call Child Development Service at 583-1059 by Jan. 15, 1999.



Town Hall Meeting Jan. 20

POM ANNEX - All residents are welcome to attend the installation's Town Hall Meetings. The next Town Hall Meeting will be held Jan. 20 from 7 to 9 p.m. Come find out what's going on in our community. Hear first hand from installation directorate and agency leaders as they personally inform the community what's happening. The meeting will include time for residents to step up to the microphone and state individual concerns or observations.

Optimistic Thinking for Children Jan. 20

NAVALPOSTGRADUATE SCHOOL- Optimistic Thinking for Children is a class and support group for children ages six to 11 on how to think more optimistically and gain greater self-confidence. The class meets from 2:45 to 4 p.m. on Wednesday, Jan. 20. The focus of the program will be on building self-esteem and confidence in children. This class will benefit children who are planning to or have moved recently.

Commissary/AAFES Council Meeting Jan. 21

POM - All are invited to the next Commissary/AAFES Council Meeting to be held at the Weckerling Center, POM, on Jan. 21 starting at 1:30 p.m.

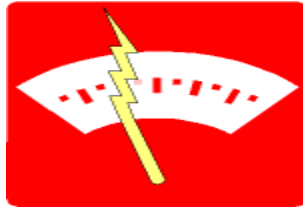
AFTB Classes Jan. 28, 29

POMANNEX - The next Army Family Team Building Level 1 classes will be held Jan. 28-29 (8:30 a.m. to 2:30 p.m. each day). To register and reserve on-site childcare, call 242-7660 or 242-7510.

**Aviation (AVIA 96.1) Course
Offered at Local College
January**

MONTEREY PENINSULA COLLEGE-

This course, Introduction to Aviation (AVIA 96.1), will be offered in the Early Spring Semester 1999 (January) on Tuesday and Thursday evenings from 6 to 9 p.m. Students will cover a brief description of: *aviation industry including history of aviation; careers and occupations; aircraft and their components; basic aerodynamics; meteorology; flight traffic control terminology; space exploration; federal air regulations; and flight physiology; etc.* Upon completion of this course, students will understand what aviation is all about and be aware of the various careers in the industry as a professional pilot, or as a flight attendant, or in any one of hundreds of other job classifications. Instructors for this course will be Bill Cullin and Bill Faber. The students' next step: take the Private Pilot Ground School in Spring 1999 (AVIA 101) followed by Instrument Ground School (AVIA 105) in Fall '99 or enter Careers in Aviation/Aerospace (AVIA 102) and/or Aviation Cooperative Work Experience (AVIA 91). Further information on the courses mentioned may be found in the Monterey Peninsula College Class Schedule Booklets which are being distributed soon. Call 375-8603 (ask for Jack Bransonn).



**Special Announcement
for
PG&E
Customers
living on POM Annex**

Call 1-800-743-5000

if your home ever has a (unscheduled) power outage. All residents living on POM Annex have Pacific Gas and Electric utilities. It's important to remind or emphasize that PG&E encourages residents to call anytime power is out. This will help PG&E accurately identify the scope of the outage. If only one customer calls in an outage, our records show only one customer affected. When more call in, we plot the area out with much more detail.

Holiday Schedule for:

**Wednesday
Family Night Buffet**

All-You-Can-Eat Buffet

plus Special Kids Buffet and Movie
POM ANNEX - Take a night off from cooking dinner every Wednesday night. Instead, try the Wednesday Family Night Buffet, served from 5 to 8 p.m. at the General Stilwell Community Center. Also, special for children, in a separate dining room, is the **kids buffet and movie**. The regular menu includes hot dogs, pizza, chicken nuggets and french fries. Price for the Wednesday Night Buffet is \$5.95 for adults, and 35 cents per year for children age 3-11. Youth under 3 years are free.

Dec. 16, 23, 30 - Closed (due to holiday season catering events which temporarily interrupt normal scheduled buffets.

Jan. 6 - Reopens (normal business resumes.)

Asian Night, with Pork Adobo, Korean Bulgogi, stir fried rice with vegetables and white rice.

**December Schedule
Thursday and Sunday
BINGO**

For more information call the Bingo Hot Line at 242-5013
POM ANNEX - Bingo is held Thursday evenings and Sunday afternoons. Minimum buy is \$25 and extra pack buy is \$5 on both Thursdays and Sundays.

Thursday Bingo

Pay Out \$7,200 Cash

Doors open: 4 p.m. / Early bird begins: 6:45 p.m. / regular game begins: 7 p.m.

Open: Dec. 17; Jan. 3 (normal business resumes)

Closed: Dec. 24.

Sunday Bingo

Pay Out \$6,600 Cash

Doors open: 1 p.m. / Early bird begins: 3 p.m.; regular game begins: 3:15 p.m.

Open: Dec. 13, 17, 20

Closed: Dec. 27.

In Support of Missing Teen and Presidio of Monterey military community member Christina Marie Williams:

**RVing Across America for Christina
Summer 1999**

ACROSS AMERICA - In continuing support for missing teen Christina Marie Williams and her family, the "Christina Volunteers" is planning a one-month cross country trip; driving a recreational vehicle across America from mid-June to mid-July 1999.

The first goal is find a volunteer who has a RV. If we have a RV, will can travel. Departing from former Fort Ord, the site where Christina disappeared, the group will be heading to Washington, D.C. While enroute, they will stop at various cities and towns to bring to the forefront the tragic problem of abducted children in the United States. There remains a \$100,000 reward for key information that would lead to finding of Christina.

If anyone would like to loan or donate a RV, would like to volunteer to drive, or has any suggestions about the trip, please feel free to call the Christina Williams Volunteer Center at 1-800-648-7502.



Recycling...

...helps clean up the neighborhood - let's continue to make a difference.

Strive for excellence

This Year's Recycling Theme Is: "IF YOU'RE NOT BUYING RECYCLED THEN YOU'RE NOT REALLY RECYCLING."

On-Post Recycle Pick Up Schedule

for POM and POM Annex

Presidio Of Monterey

Service Provided By Contract With The City Of Monterey

Facility Buildings. (office buildings and barracks):

(a) Monday: Glass, plastics and cans placed in the green 96-gallon wheeled recycling containers marked as "Plastics, Glass", located next to the dumpsters used by particular buildings.

(b) Tuesday: All paper is collected if placed in the 96-gallon wheeled recycling container marked "Paper" or if placed in the specially placed paper dumpster. There is one placed at the main Directorate of Logistics building, Building 235.

Housing (on-post government housing):

(a) Collected on the regularly scheduled garbage collection day when placed at the curb in the bins provided.

Presidio Of Monterey, Annex

Service Provided By USA Waste, Inc.

Facility Buildings (office buildings):

(a) Friday: All recycling materials are collected from the buildings when placed in the blue 96-gallon wheeled container and said container is placed outside on the sidewalk.

Housing (government housing):

(a) Collected on the regularly scheduled garbage collection day when placed at the curb and in the bins provided the occupant.

In addition, the Department of Public Works (DPW) is in the final stages of developing the "Installation Waste Prevention and Recycling Policy". The purpose of this document is to establish an installation waste and recycling policy that will provide direction to the civilian and military community on recycling goals and methods to increase recycling. It's hoped to be implemented soon.

NEWS

Dental Clinic After-Hours Emergency Procedure Now Includes Direct Line To Dentist On Duty

The clinic recently came up with a better solution in how it can serve its patients. Saving the trouble of listening to the recording, patients now can call directly to a dentist - a Dentist on Duty - at 809-3025. To further assist patients, if no answer from the dentist, patients can call directly to a dental assistant (809-3024). **Inprocessing:** all inprocessing soldiers should coordinate with the clinic. **Outprocessing:** Tuesdays and Thursdays from 5 to 6 p.m. If you have any questions or comments, call directly to the noncommissioned officer in charge, Sgt. 1st Class Marcus Gonzales at 242-7092.

Fort Ord Restoration Advisory Board (RAB) Meets Monthly

The RAB includes members of the public, U.S. Army, U.S. Environmental Protection Agency, California Environmental Protection Agency, as well as other regulatory agencies, and is established to give the public an opportunity to review progress and voice opinions on the Fort Ord environmental cleanup program. The public is welcome to all meetings, held on the second Tuesday of each month from 6:30 - 9:30 p.m. at the General Stilwell Community Center, Building 4260 (intersection of North South and Gigling roads). Approved minutes of RAB meetings are available for review at the Seaside County Library, the California State University Monterey Bay (CSUMB) Learning Center in Seaside, and the Chamberlain Library on the Presidio of Monterey Annex. For more information, call Lyle Shurtleff at (831) 393-9691.

VA Insurance Hoax

A message on the INTERNET has caused some confusion among veterans who have VA insurance policies. False information about dividends appear periodically. These announcements declare that Congress has recently passed a bill which entitles veterans and service persons to a dividend based upon their prior years of service, and are part of a recurring problem of misinformation that dates back to 1965. Unfortunately, this misinformation unnecessarily raises the expectations of veterans and service personnel and detracts from our ability to serve our veterans.

The dividend "hoax" had its origins in a special dividend that the Department of Veterans Affairs (VA), then known as the Veterans Administration, did pay to World War II veterans who had National Service Life Insurance policies. Approximately \$2.7 billion was paid in 1950 to over 16 million of these veterans under the "1948 special dividend." Sometime in 1965, the special dividend news announcements of 15 years earlier resurfaced and were mistakenly published by several newspapers. The special dividend had already been paid out to virtually all eligible government life insurance policyholders and there was no new special dividend. VA moved quickly to educate the news media, but some well-meaning individuals and organizations began to publish the announcements in smaller publications, newsletters, and flyers. The actual scope of the original

dividend became fictionalized and some publications declared the dividend available to all veterans (not just World War II) and even to those who never carried government life insurance while in the service. The latest rumor is that active service persons, reservists and personnel separated within the last few years are eligible.

The 1948 special dividend program required veterans to apply for the payment. Over the years the dividend story has prompted hundreds of thousands of veterans to write and "apply" for this benefit. Although the amount of letters has fluctuated, there have been received as many as 15-20,000 inquiries per week about this dividend in the past. Because of the volume of these requesters for a nonexistent benefit, Congress passed a law in 1970 that prohibited payment of any special dividend declared prior to 1952 unless the application was received before 1954. There has been no recent legislation authorizing any "special" dividends. Dividends are not payable to current service members insured under Serviceman's Group Life Insurance (SGLI) or Veterans' Group Life Insurance (VGLI). SGLI and VGLI are group policies and therefore, do not pay dividends. VA does continue to pay routine dividends on several policy series, but only to veterans who have kept their policies in force. These veterans receive their dividends automatically on the anniversary date of their individual policy. They do not have to apply. Contact your local VA Regional Office for additional assistance by dialing their toll-free number, 1-800-827-1000. [Source: Veterans Digest 4 DEC 98]

"Story Time" Welcomes Additional Volunteer Readers For Youth

Chamberlin Library hosts pre-school Story Time on Mondays from 3:30 p.m. This is a volunteer project brings an opportunity for young children to receive valuable reading time. All parents are invited to be volunteer readers, to help us with this literacy program for our youngest customers. The library is located next to the chapel in, Building 4275, on POM Annex. Call 242-7680 for information.

Helpful Home Fire Safety Reminders

Each year many lives are lost in home fires. The best way for each family member to stay safe is to escape—immediately. So, be sure to have a working smoke detector to help prevent being trapped or overcome by smoke. **Draw a home evacuation plan.** Without a fire escape plan, children tend to look for their parents instead of exiting to safety. And if there is confusion, parents who look for their children or other family members are also at risk. Basic things you can do to be prepared:

- 1.) Pick an outdoor meeting place. Every family member must know to go there immediately, and stay there if fire occurs. Once outside, stay out.
- 2.) Every child should know how to dial the emergency number, "9-1-1" or "0." And, if need to, to seek a neighbor's help to call.
- 3.) Practice your evacuation plan with all family members two times each year.
- 4.) Parents should make sure that children know how fire fighters look in their fire gear and to go to them for help in a fire.
- 5.) Households with young children and individuals who are physically or mentally challenged should give extra time and thought to planning and preparing for emergency evacuations.

One of the most important things to do to stay safely away from fire's harm is to immediately exit your home or any burning structure. (Provided by DLI Command Safety Office)

Caring, Teamwork, Training Improve Army Human Relations

by Gerry J. Gilmore

WASHINGTON (Army News Service, Dec. 4, 1998) - The Army is training its soldiers to get along better as it successfully attends to worldwide missions at the end of a decade of downsizing and deployments. During the past year-and-a-half the Army's leadership has worked to develop, implement and promote programs and policies that address human relations issues, said Brig. Gen. Clayton E. Melton, director of the Army Human Resources Directorate. "We're never going to be perfect," Melton said. "[But] in the past year I've seen our leadership... from the Secretary of the Army and Chief of Staff of the Army, all the way down to squad leaders and tank commanders, focus on taking care of people in a very hectic, dynamic environment. "The human relations environment in today's Army is the best-ever," he said.

New Employment Counselor Instructor At ACS Ready To Assist You 3 Days A Week

POM ANNEX - The new Employment Counselor Instructor is now available at the Army Community Service, Building 4260 (General Stilwell Community Center) for one-on-one assistance during normal business hours, Wednesdays, Thursday and Fridays, from 7:45 a.m. to 4:45 p.m. starting Nov. 12. For more information, call 242-7660.

Soldiers' and Sailors' Relief Act

(Provided by Paul Stone, American Forces Information Service)

An active duty soldier takes up residence in the city outside his new duty station. When he registers his car, the city clerk tells him he also owes \$300 in personal property tax. But does he? An airline pilot gets called up for a six-month Reserve tour flying missions over Iraq, and her lower military pay isn't enough to cover all her bills. Will Reserve duty mean financial ruin? For the answers to these money questions and other legal issues, see the American Forces Press Service Special Report on the Soldiers and Sailors Civil Relief Act at the following web sites:

http://www.defenselink.mil/specials/Relief_Act/
>http://www.defenselink.mil/specials/Relief_Act/

Whether or not you are "domiciled" in the taxing state or elsewhere is answered by the SJA Web Page at

<http://pom-www.army.mil/atzpjlaladomicile.pdf>

Possession Date Set For Year 2000 for Army's New "Enhanced Hot Weather Uniform"

The Enhanced Hot Weather BDU (EHWBUDU) replaces the Hot Weather BDU (HWBDU) with a mandatory possession date of Oct. 1, 2000. The mix and match of EHWBDU and HWBDU coat and trousers is authorized. Note: The fabric changed from 100 percent cotton ripstop to 50/50 percent cotton/nylon ripstop. Wearout of the old HWBDU will not be established. Stocks will be used until exhausted. (Authority: Message, DAPE-HR-PR 020553Z Jan 98.)

When "Help Can't Wait"

Your donations

to the American Red Cross offer immediate help

"International Response Fund" Helps Victims Of Hurricane Mitch And Other International Crises

MONTEREY - All American Red Cross disaster assistance is free, made possible by voluntary donations of time and money from the American people. To help victims of Hurricane Mitch and other international crises, you may make a credit card donation to the International Response Fund securely online by visiting www.redcross.org or by calling 1-800-HELP NOW (435-7669) or 1-800-257-7575 (Spanish).

Or you may send your donation to the Monterey County Red Cross, 942-Lupin Drive, Salinas, 93906, your local Red Cross Chapter, or to the American Red Cross, P.O. Box 37243, Washington, D.C., 20013. Local Red Cross office mailing addresses and telephone numbers are:

Monterey - P.O. Box 853, Monterey, CA 93942-0853

(831) 375-5730 or fax (831) 424-5069

Salinas - 942 Lupin Drive, Salinas, CA 93906-3996

(831) 424-4824 or fax (831) 424-5069

Also visit the following web site: www.redcross.org/calmyca or write to E-mail address: mocoarc@crossnet.org

Please note: Across the Central Coast, American Red Cross Chapters are accepting financial donations only. The American Red Cross does not accept donated goods because the organization simply does not have the resources to sort through items that people would contribute and determine what is suitable for victims.

Health Care Information Line 1-800-611-2883

Free of cost, the Health Care Information Line (HCIL) is available to you 24-hours daily. This phone service is for the Military Health Service System (MHSS). It's there for you.

Beneficiaries in California and Hawaii can help you with any health question. You can call any time, day or night, seven days a week. It's fast, easy to use and private.

When you can the Health Care Information Line, you can speak to a registered nurse or listen to a recorded health topic through the Audio Health Library (SM). SM= Audio Health Library is a service mark of Access Health Inc.

The more you know about health care, the better your decisions will be. The registered nurse and the audio health library won't replace your doctor, but they can help you get the information you need to make the best health care decisions for yourself and your family. The Health Care Information Line puts you in charge of your health care.

It's easy.

Whenever you have a health care problem or question, just call. If you are calling from a push-button phone:

Press "1" to enter the Audio Health Library and listen to a short recording on a health topic.

Press "2" to talk with a nurse about a health problem or about making a major health decision.

If you are calling from a rotary dial phone, please wait and an operator will help you.

Note: The Health Care Information Line is not an emergency service. In an emergency, call 911 or your local emergency medical services.

(Provided by the NCOIC, Presidio of Monterey Army Health Clinic)

Scholarship Scam Alert

Every year there are several scams based on imitations of legitimate foundations, scholarship sponsors, lenders, and scholarship search companies.

They may even have official-sounding names, using such words as "National," "Federal," "Federation," "Division," "Foundation," and "Administration" to fool unwary students and parents into thinking that they are federal agencies or grant-giving foundations.

Hundreds of thousands of victims lose tens of millions of dollars to scholarship scams every year.

How to identify scholarship scams, how to distinguish between legitimate and fraudulent organizations, how to protect yourself from scholarship scams and what to do if you are scammed are questions answered on the DoD education web site at <http://voled.doded.mil>

Jobs Available:

A Chance to Earn Money During The Holidays

Special Holiday Edition of

"Job Bank Book"

Now Available at ACS

POM ANNEX - The seasonal Job Bank Book, a special holiday edition of the Job Bank Book is now available at the Army Community Service, Building 4260 (General Stilwell Community Center), POM Annex. There are several seasonal positions available in the local area. Some jobs are available at department stores, book stores, candy shops. There's always a need for gift wrappers and santa photo helpers. Stop by ACS, or call 242-7660.

Thank you,



'I would like to give a big heartfelt thanks to all those who have donated their furniture items to other military families.

The Furniture Connection

Program at Army Community Service links those wishing to donate their household goods to other families. Presently, families are in dire need of dressers and dinette sets.

If you would like to donate any items or are in need of furniture, please call Jay Love, Outreach Coordinator at 242-6890.

- Furniture Connection Program Coordinator

How to Spot the Bandit In Your Mailbox

The Federal Trade Commission (FTC), the U.S. Postal Inspection Service (USPIS), and your state Attorney General want you to know how to spot the bandit in your mailbox—a scam artist who sends you fraudulent offers that are too good to be true. Most mailbox scams are variations on a theme. They usually promise easy money or "guarantee" that you'll win a "fabulous" prize or vacation. The FTC suggests you toss any mail that fits these descriptions:

An offer for a "free," "prepaid" or "special" magazine subscription. It will end up costing you years of monthly payments for magazines you don't want and could get elsewhere for less.

A postcard that never mentions subscriptions but entices you to call a telephone number about a contest, prize or sweepstakes. You'll pay for a toll "900" phone call and get a sales pitch for magazine subscriptions. The merchandise you are required to buy often cost far more than your guaranteed "prize." An announcement that you're the winner of a free vacation trip and just have to pay a service fee. "Free" is not the same as "fee." More than likely, your "dream" vacation ends up a nightmare.

A solicitation for a foreign lottery ticket or a secret system to make sure you win. It's illegal to buy cross-border lottery tickets by mail or phone. What's more, why would a stranger share a secret with you, especially by mail? Even worse, these bandits sell lists of names of people who have been conned before because the chances are they'll take the bait again. An invitation to join a pyramid scheme that offers commissions for recruiting distributors, not for making sales, is another. Without new distributors, the pyramid collapses and only those at the very top make any money. Pyramids are illegal. An advance fee loan or credit card offer that guarantees credit with no check on your financial history. A legitimate creditor would never make promises like this and you'll pay assorted fees totaling hundreds of dollars. A slick pitch for credit repair at a price. Federal law prohibits upfront fees for credit repair. The truth is you can help yourself to rebuild a better credit record.

Only time, a deliberate effort, and a personal debt repayment plan will improve your credit. An appeal for a phony charity that sounds like a legitimate one. It will give a P.O. Box instead of a street address and phone number and a sad story to snag your sympathy. A mailing that looks like an official government document that suggests contest winnings, unclaimed assets or other forms of instant wealth are waiting for you for a small fee.

The government does not solicit money from citizens. Solicitation for a product or service you've never heard of that asks for your credit card or bank account number.

Check out any unfamiliar product or service with the Better Business Bureau or Attorney General in your state or where the organization is located. Never give out financial information unless you know exactly where it's going.

For more information about recognizing and reporting mailbox scams and other fraudulent practices, call 202-FTC-HELP (382-4357), or write to Consumer Response Center, Federal Trade Commission, Washington, D.C. 20580.

To report mail fraud, contact your state Attorney General, call your local postmaster or the toll-free Mail Fraud Complaint Center at 1-800-372-8347.

"Combat Hapkido"

Isn't Just Another Martial Arts

POM - Bob Ingersoll, 5th Degree Black Belt and member of the International Martial Arts Hall of Fame, is offering a unique self defense class at Price Fitness Center (Building 842), Presidio of Monterey. Classes are offered on Monday, Wednesday and Friday evenings from 6:30 to 8 p.m. Combat Hapkido is based on the Korean system of Hapkido. It covers all aspects of self defense from all fighting ranges; punching, kicking, and ground fighting. Master Ingersoll has over 20 years experience in the Martial Arts and is a former police officer with over 18 years on the job. He has trained with some of the top masters in South Korea in both Hapkido and KukSool. Master Ingersoll is the CA State Director for Grandmaster Pellegrini and the International Combat Hapkido Federation, which has its main headquarters in Florida. Combat Hapkido is a great way to get into shape and learn how to defend yourself at the same time.

The cost for this course is only \$40 per month and there are no contracts to sign. Private lessons are also available by special arrangement with Master Ingersoll and cost \$30 per hour. You can pre-register and pay at the Price Fitness Center desk, or arrange to take a free introductory class. Wear loose fitting clothing, or martial arts uniform. This self defense course will teach you how to defend yourself in any situation and does not teach any forms or tournament techniques. Women's Self Defense workshops are also available on request.

Join us for a class and see why Master Ingersoll was inducted into the International Martial Arts Hall of Fame as the Master Instructor of the Year. He is truly dedicated to teaching you how to defend yourself. For more information, call Master Ingersoll at 394-3703.

"Tai Chi"

Offered Year Around

Your choice of two different styles of Tai Chi

POM - A choice of two separate Tai Chi classes is being offered at Price Fitness Center (Building 842), Presidio of Monterey. Join Tai Chi Instructor Leonard Han twice a week for either **Course I: "Traditional Chen Family Taijiquan Gong Fu Frame,"** or **Course II: "Tai Chi Chi Kung I"** - a short Yang style energy form. Han, the 59th Rumen Dizhi ("Indoor Disciple"), of Grandmaster Chen Qingzhou (19th generation direct descendent/successor of Chen Family Taijiquan), is also a Certified Instructor of the International Healing Tao - Taoist approach to healing and self-transformation brought to American by Master Mantak Chia.

Course I Description: Traditional Chen Family Taijiquan Gong Fu Frame - meets Monday and Wednesday from 5 to 6:30 p.m. This style is characterized by a balance of "softness and hardness" of energy, mostly absent in the practice of other styles of Taijiquan (Tai Chi). It is particularly well suited to people desiring to develop physical fitness, relaxation and concentration.

Course II Description: Tai Chi Chi Kung I (Short Yang Style Energy Form) - meets Thursdays from 6:30 to 8 p.m. only at this time - this is a simple yet powerful early form of Yang style Tai Chi, which teaches the principles of body mechanics through the alignment of the bone structure with the force of gravity. **The cost:** for either Tai Chi course the cost is \$60 (every 4 weeks) or \$15 per class for walk-ins. Private lessons are available for \$35. Pre-register and pay at the Price Fitness Center desk, or arrive early to register before the beginning of your first class.

What to bring/wear: Wear loose fitting clothes (i.e. no Levi's or belts) and preferably flat-soled tennis shoes, and bring a combination lock for use of a locker to secure any valuables (i.e. purse, wallet, bags).

To register: Call 242-5641 (Price Fitness Center). For more information about either Tai Chi course, call 373-4208.

"ENROLLMENT FORMS"

TRICARE Family Member Dental Plan

There has been a recent influx of inquiries to this office referencing the appropriate enrollment forms for use in enrolling families of active duty service members in the TRICARE Family Member Dental Plan (TFMDP). There are currently only two forms that are valid for enrollment/disenrollment in the TFMDP: DD Form 2494 and DD Form 2494-1, both dated September 1995.

DD Form 2494

This form is used for basic single and family coverage and has the following deduction reason codes:

Enrollment "**CODE 1**" for single dependent over age 4 with no other family members.

Enrollment "**CODE 2**" for family coverage, more than one family member.

Enrollment "**CODE 3**" for single dependent under age 4, with no other family members.

Enrollment "**CODE R**" for Outside the Continental U.S. (OCONUS) returnee with single dependent.

Enrollment "**CODE S**" for OCONUS returnee with more than one dependent.

DD FORM 2494-1

This form is used for selective coverage (as authorized) and has the following deduction reason codes:

Enrollment "**CODE 5**" for single dependent, geographically separated from the sponsor.

Enrollment "**CODE 6**" for more than one dependent, geographically separated from the sponsor.

Enrollment "**CODE T**" for OCONUS returnee with one dependent geographically separated from the sponsor.

Enrollment "**CODE U**" for OCONUS returnee with more than one dependent geographically separated from the sponsor.

Please ensure that you are using valid enrollment forms dated September 1995. These are the only forms valid for enrollment in, or disenrollment from, the TFMDP. In addition, it is important to note that service members cannot pick and choose who they wish to enroll in this program unless the family member is geographically separated from one or more of the other family members (example: a sponsor wishes to enroll his/her family member who is a student at an accredited academic institution and who lives apart from the other family members). BNS1'S, PSB or MPD should counsel them in accordance with guidance on the application forms.

(Source: Unclassified MILPER Message 99-038)

THREATCON levels

"Normal," "Alpha," "Bravo"

What are they?

THREATCON Normal:

Applies when there is no discernible threat of possible terrorist activity. Under these conditions, only a routine security posture, designed to defeat the criminal threat, is warranted. The minimum THREATCON for U.S. Army commands is Normal.

THREATCON Alpha:

Applies when there is a general threat of possible terrorist activity against personnel and/or installations, the nature and extent of which is unpredictable, and circumstances do not justify full implementation of THREATCON Bravo measures. However, it may be necessary to implement certain measures from higher THREATCONs resulting from intelligence received or as a deterrent. Commands must be capable of maintaining THREATCON Alpha measures indefinitely, with only limited impact on Normal operations.

THREATCON Bravo:

Applies when an increased or more predictable threat of terrorist activity exists. Commanders must be capable of maintaining the measures of this THREATCON for several weeks without causing undue hardship to personnel, substantially affecting operational capabilities or aggravating relations with local authorities and members of the local civilian or host nation community.

THREATCON Measures:

THREATCON Normal:

Local security measures designed for implementation when there is no credible threat of terrorist activity.

THREATCON Alpha:

The following measures will be implemented—

a. Measure 1.

At regular intervals, remind all personnel, including family members, to report the following to appropriate law enforcement or security agencies— Suspicious personnel, particularly those carrying suitcases or other containers, or those observing, photographing, or asking questions about military operations or security measures. Unidentified vehicles parked or operated in a suspicious manner on, or in the vicinity of U.S. installations, units, or facilities.

- (1) Abandoned parcels or suitcases
- (2) Any other activity considered suspicious

B. Measure 2.

- (1) Ensure that law enforcement and security agencies have immediate access to building floor plans and emergency evacuation plans for MEVAs
- (2) Maintain the installation Crisis Management Force (CMF) on two hour recall

C. Measure 3.

Secure buildings, rooms, and storage areas not in regular use. Maintain a list of secured facilities and areas at installation, directorate or activity level.

D. Measure 4.

Increase unannounced security spot checks (inspection of personal identification; vehicle registration; and the contents of vehicles, suitcases, briefcases

and other containers) at access control points for U.S. installations and facilities.

E. Measure 5.

Reduce the number of access points for vehicles and personnel to minimum levels, consistent with the requirement to maintain a reasonable flow of traffic.

F. Measure 6.

As a deterrent, randomly apply one of the following measures from THREATCON Bravo:

- (1) Regularly inspect all buildings, rooms, and storage areas not in regular use (Measure 15).
- (2) At the beginning and end of each workday and at frequent intervals, inspect the interior and exterior of buildings in regular use for suspicious activity or packages, or for signs of tampering or indications of unauthorized entry (Measure 16).
- (3) Inspect all deliveries to messes, commissaries, exchanges, guest houses, clubs, libraries, schools and locally-designated, common use facilities to identify explosive and incendiary devices. Use trained explosive ordnance detection dog (EODD) teams for some inspections when available. Encourage family members to report suspicious packages to local law enforcement agencies, and refrain from handling such packages until cleared by appropriate authority (Measure 19).

G. Measure 7.

Review all operations plans and orders, and SOPs which pertain to implementation of THREATCONs Bravo through Delta.

H. Measure 8.

Review security measures for HRP and implemented additional measures warranted by the threat and existing vulnerabilities (for example, HRP should alter established patterns of behavior and wear inconspicuous body armor when traveling in public areas).

I. Measure 9.

Increase liaison with local police, intelligence and security agencies to monitor the threat to Army personnel, installations and facilities. Notify local police agencies concerning THREATCON Bravo measures that, if implemented, could impact their operations in the local community.

J. Measure 10.

Spare for MACOM or installation use.

THREATCON Bravo:

In addition to the measures required by THREATCON Alpha, the following measures will be implemented—

A. Measure 11. Increase the frequency of warnings required by Measure 1 and inform personnel of additional unclassified threat information, if available.

B. Measure 12. Retain CMF personnel on two hour recall. Periodically exercise two hour recall of the Special Reaction Team (SRT) and the CMF to ensure readiness.

C. Measure 13. Review provisions of all operations plans and orders, and SOPs associated with implementation of THREATCON Charlie.

D. Measure 14. Move automobiles and objects such as trash containers and crates at least 25 meters from MEVAs. If the configuration of the facility or area precludes implementation of this measure, take appropriate compensatory measures in accordance with local plans (frequent inspection by EODD teams, controlled access to parking areas, etc.).

E. Measure 15. Regularly inspect all buildings, rooms, and storage areas not in regular use.

F. Measure 16. At the beginning and end of each workday and at frequent intervals, inspect the interior and exterior of buildings in regular use for suspicious activity or packages, or for signs of tampering, or indications of unauthorized entry.

(THREATCON Levels, continued from previous page)

G. Measure 17. Implement screening procedures for all incoming official mail to identify possible explosive or incendiary devices, or other dangerous material. If available, use trained EODD teams for inspection of suspicious items and to conduct periodic screening of mail. Encourage soldiers, civilian employees, and family members to inspect their personal mail, report suspicious items to local law enforcement agencies, and refrain from handling such items until cleared by appropriated authority.

H. Measure 18. Inspect all deliveries to messes, exchanges, guest houses, clubs, libraries, schools and other locally-designated common use facilities to identify explosive and incendiary devices. Use trained EODD teams for some inspections, when available. Encourage family members to report suspicious packages to local law enforcement agencies, and refrain from handling them until cleared by the proper authority.

I. Measure 19.

J. Increase both overt and covert security force surveillance of messes, commissaries, exchanges, guest houses, clubs, libraries, schools, chapels and other locally designated soft targets to improve deterrence and build confidence among staff and family members.

K. Measure 20. Inform soldiers, civilian employees and family members of the general threat situation. Periodically update all personnel as the situation changes.

k. Measure 21. Brief representatives of all units and activities on the installation concerning the threat and security measures implemented in response to the threat. Implement procedures to provide periodic updates for these unit and activity representatives.

I. Measure 22. Verify the identity of all personnel entering installation MEVAs and other sensitive activities specified in local plans (inspect identification cards or grant access based on visual recognition). Visually inspect the interior of all vehicles and the exterior of all suitcases, briefcases, packages and other containers. Increase the frequency of detailed vehicle inspections (trunk, undercarriage, glove boxes, etc.) and the frequency of inspections of suitcases, briefcases and other containers.

m. Measure 23. Increase the frequency of random identity checks (inspection of identification cards, security badges, and vehicle registration documents) conducted by security force patrols on the installation.

n. Measure 24. Increase security provided to off-post personnel in conjunction with host nation law enforcement agencies, where required and/or practicable, or transport off-post personnel to protected areas in accordance with local contingency plans (OCONUS). Remind all personnel to lock parked vehicles and inspect vehicles for suspicious items before entering and driving them.

o. Measure 25. Implement additional security measures for HRP, such as conduct of countersurveillance operations, in accordance with existing plans. Consider providing 24 hour protective services protection for Level 1 HRP, if not already provided.

p. Measure 26. Brief all law enforcement personnel, guards, and security augmentation force personnel concerning the threat and policies governing use of force/rules of engagement. Repeat this briefing on periodic basis.

q. Measure 27. Increase liaison with local police, intelligence and security agencies to monitor the threat to Army personnel, installations and facilities. Notify local police agencies concerning THREATCON Charlie and Delta measures that, if implemented, could impact on their operations in the local community.

r. Measure 28. Implement Random Antiterrorism Measures Program (RAMP).

s. Measure 29. Spare for MACOM or installation use.

Shopping Mall

Con artist advertising ploys lead to muggings and worse

(Provided by TRADOC Force Protection Officer and DLI & POM Emergency Operations Center)

Recently on Inside Edition there was a report that is of interest to all women. There are several new scams to abduct women.

In one, a man comes up to a woman in a mall or shopping center and asks if she likes pizza. When she says she does, he offers her \$100 to shoot a commercial for pizza, but they need to go outside where the lighting is better. When the woman goes out of the mall, she is abducted and assaulted.

Another ploy is a very nicely dressed man asks a woman if she would be in a public service announcement to discourage drug use. The man explains that they don't want professional actors or celebrities, they want the average mother to do this. Once she leaves the mall she is a victim.

The third ploy, and the most successful, a very frantic man comes running in and asks a woman to please help him, his baby is not breathing. She runs out of the mall following him and also becomes a victim.

These have been happening in well lit parking areas, in daylight as well as night time, all over the country. The abductor usually uses a van to abduct the woman.

'Inside Edition' set up a test in a mall and 10 out of 15 women went out of the mall on the pizza and the psa scam. And all of them went out of the mall on the baby scam.

Please pass this along to your friends and family. Now that it has been shown on nationwide TV, there are bound to be copy cats of this. The third one, I think, is the scariest. You might resist, pizza or becoming a commercial celebrity...but who would be able to resist a frantic father asking for help for his child? I'm sure that one would get me.

I was going to pass this on to the ladies only, but guys, if you love your mothers, wives, sisters, daughters, etc., you may want to pass it on to them, as well.

Tips for Spending Less

If you think there's no way you can cut back on your spending, think again!

Saving money by spending less isn't brain surgery, but it does take discipline. The main ideas are: shop wherever possible on sale, deal or discount; buy value, not price; take care of the things you own; be especially careful on large purchases, never buy on impulse (always plan on your purchases;) compare prices whenever possible and pinch pennies—they soon become dollars.

Saving category:

TELEPHONE

- Use a food timer to help limit the length of your calls
- Check with your long-distance carrier about discount programs that best fit your geographic calling pattern
- Consider switching to a cheaper long-distance carrier. This can be confusing, so before you sign up for the "deal of the minute" (or other deal of the moment), compare the offered rate per minute with your actual average over the past few bills. If this checks out, ask about additional available financial switching incentives, if they haven't been offered, **BE SURE TO READ THE FINE PRINT**
- Eliminate any add-on services you can do without (such as call waiting, automatic messaging, automatic redial, etc.)
- Plan the topics you want to cover to avoid needing to call back

Saving category:

TRANSPORTATION

- Public transportation will also get you there, and it's usually cheaper
- Buying a car? It is always better to buy a two-year-old used car than a brand new car, since most cars incur about 50 percent of their depreciation during the first two years
- Buying a used car? Better have it thoroughly checked out by a trusted mechanic. Caveat emptor (let the buyer beware)
- Car pools are good for the environment. If possible, start one and share the expense instead of paying 100 percent

Saving category:

UTILITIES

- Insulate uninsulated spaces like attics, and use storm windows and weatherproofing materials to reduce heat loss
- Set the thermostat for 65 degrees and lower it when you go to sleep. Never set it below 55 degrees. The pipes can freeze.
- Keep air conditioner use to a minimum. Fans are cheaper to operate.
- Wear extra layers of clothing in the winter. Don't just turn up the heat if you're cold!
- Seal off any unused rooms in the winter
- Try reducing your water heater temperature
- Install water-saving shower heads
- Cut back on watering the lawn and/or refilling backyard swimming pools
- Turn off lights when not in use

(From Army Community Service, Army Emergency Relief Office, located in Building 4260, Stilwell Community Center, POM Annex)

You're In at 18 And Out Before 26 --

Guess What?

By Jim Garamone
American Forces Press Service

WASHINGTON - Men on active duty or attending a service academy may not realize it, but they have to register for the draft if they leave active duty before turning age 26, according to Selective Service officials.

The nudge comes with the recent announcement appearing on the Selective Service's Web site:

www.sss.gov

Registering for the draft, officials said, is now just a computer mouse click away on the Internet.

Draft registration is coupled to many federal and state benefits. For instance, men must register to qualify for federal student loans or Pell grants and federal job training programs. Unregistered veterans under 26 applying for these benefits will end up waiting for verification checks and paperwork processing.

"We tell [service members] to just sign up," said Barbi Richardson, a Selective Service spokesperson. It's simpler and faster for everyone, she said. By federal law, all men living in the United States or who are U.S. citizens living overseas — including those in the reserve components — must register with the Selective Service System within 30 days following their 18th birthday. They also must register if they become subject to the draft at any time before age 26 — for instance, if they leave active duty or immigrate. About 1.9 million men register for the draft each year. Women are not required to register for the draft. Failure to register is a felony punishable by a fine of up to \$250,000, five years in jail or both. U.S. post offices have registration forms for those without Internet access. Service members overseas can obtain materials from their personnel centers or American embassies. If you have questions call toll-free 1-888 655-1825 or visit the Web page.

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Holiday card drive begins Nov. 15 through Jan. 15

WASHINGTON (AFPN) — Operation Dear Abby, nationally syndicated columnist Abigail Van Buren's annual drive for holiday cards and letters to service members stationed overseas, begins Nov. 15.

The Military Postal Service Agency has identified five addresses for use for the 1998 holiday season. MPSA targets major U.S. military aerial mail terminals and fleet mail centers overseas. The mail hubs receive the mail and distribute on a "fair share" basis to all services across the board.

Addresses other than these will not determine distribution. For example: a letter addressed to a soldier may be distributed to an airman, soldier, sailor or Marine.

The addresses will be open through Jan. 15. The U.S. Postal Service will not accept mail at these addresses after Jan 15. All mail for Operation Dear Abby is limited to first class, 11 ounces or less only.

Below are addresses for the following areas:



Addresses for troops in Bosnia are:

Land duty

To any Army, Navy, Air Force or
Marine person assigned on shore:

Any Servicemember:
Operation joint Guard
APOAE 09397-0001

Ship duty

To any Navy or Marine person
assigned aboard ship:

Any Servicemember:
Operation joint Guard
APOAE 09398-0001

Holiday Chapel Schedule

Post Chapel Center **POM Annex**

North-South and Gigling roads, Building 4280
242-7620, 242-7621 or 242-7622

Protestant

Worship Service and Christmas Music Program Dec. 13 9 a.m.
Worship Service Dec. 20 9 a.m.
Candlelight Service Dec. 24 7 p.m.
(No Christmas Day Service)
Worship Service Dec. 27 9 a.m.
(No New Year's Day Service)

Catholic

Communal Penance Dec. 15 7 p.m.
Service for Parish
Christmas Eve Family Mass Dec. 24 5 p.m.
Pre-Mass Carols and Midnight Mass Dec. 24 11:30 p.m.
(Christmas Day Mass will be held at the POM Chapel)
Feast of Mary, Mother of God (New Year's Day) Jan. 1 11 a.m.

Presidio of Monterey Chapel **POM**

Stilwell Street,
Presidio of Monterey
242-5281



Protestant

Christmas Service Dec. 16 7 p.m.
Worship Service Dec. 20 11 a.m.
(No Christmas Day Service)
Worship Service Dec. 27 11 a.m.
(No New Year's Day Service)

Catholic

Chapel Mass
(Fourth Sunday of Advent) Dec. 20 11:30 a.m.
and 5:30 p.m.
Christmas Carols and Midnight Mass Dec. 24 11:30 p.m.
Christmas Day Mass Dec. 25 11 a.m.
Feast of the Holy Family Dec. 27 9 a.m.
and 5:30 p.m.
Feast of Mary, Mother of God Jan. 1 5:30 p.m.
Feast of the Epiphany Jan. 3 9 a.m.
and 5:30 p.m.

DLI HOLIDAY EXODUS Dec. 18 to Jan. 4, 1999

Bus shuttle service
available to airports:
Dec. 18, 19, 20
from airports:
Jan. 2, 3, 4

EXODUS !!! **Airport Shuttle Signs Ups** \$30 round trip / \$25 one way

Call 242-5506 or 242-6133

Outdoor Recreation (ODR), is offering ground transportation to the San Jose and San Francisco Airports during the Christmas exodus period. Departures from the Presidio will be from Dec. 18-20 starting at 4 a.m. until 8 p.m. Pick up from the Airport will be on Jan. 2-4 from 9 a.m. until 11 p.m.

Sign ups have begun at Outdoor Recreation, Building 228 (Lewis Hall) Presidio of Monterey. Hours of operation: (except for holidays) Monday to Friday from 10:30 a.m. to 6 p.m. (Closed for lunch from 2 to 3 p.m.).

Carlson Wagonlit Travel is pleased to announce enhanced services for making holiday travel reservations at the Presidio of Monterey. Carlson Wagonlit Travel (648-8610) is open daily from 8:30 a.m. to 4:30 p.m. to arrange official and leisure travel for the members at the Presidio of Monterey. To avoid long lines, it is suggested that visits to the CTO are made prior to 11:30 a.m. or after 1 p.m. Due to the increase in travel requests for Thanksgiving and Christmas Carlson Wagonlit Travel is pleased to provide two toll free numbers: 1-800-350-4219 and 1-800-468-2987. Reservations made with either of those numbers for airline tickets can be picked up at the local CARLSON WAGONLIT office. All tickets must be purchased within 24 hours after the reservation is confirmed. Thank you for choosing CARLSON WAGONLIT TRAVEL. Enjoy the holiday season!"

*You are watching your favorite evening television news, and the weather commentator announces that **a strong winter storm is approaching Monterey County...** You already have emergency items for such situations, **Now what should you do?***

Depending on the location of your residence, you might want to consider doing the following:

“Before the storm” PLANNING:

- Plan your time before the storm arrives and avoid the last-minute rush which may leave you and your family marooned or unprepared.
- If you rely on an ATM machine for your spending cash, obtain some extra cash. A loss of electrical power may render the ATM inoperative, and you without a source of cash.
- Leave beaches and low-lying areas that could be swept by high tides or storm waves.
- If flooding is likely, and time permits, move essential items, important papers, and furniture to the upper floors of your home.
- Follow the instruction and advice of your local government and public safety agencies... listen to your emergency broadcast stations.
- Stay at home if it is sturdy and on high ground. If not, or if advised to leave your home, move to a safe area before access is cut off by flood water. Leave a note telling friends and relatives where you are going.
- Before leaving, cut off all electric circuits at the fuse panel by pulling the main switch, or disconnect all electrical appliances. Shut off the gas service at the valve next to the meter, and turn off the water service at the main valve.
- If you must leave home, follow recommended routes. Listen to your car radio for additional information and instructions from your local government.
- Above all else, remain calm.

For further detailed information on what to do if a storm warning is issued, contact your Monterey County Office of Emergency Service at 755-5158 or your local public safety agency.

REMEMBER, IF YOU BELIEVE THAT YOUR LIFE OR PROPERTY IS IN IMMINENT DANGER, CALL 911!

Create a “before the storm” CHECKLIST:

- Keep insurance policies, documents and other valuables in a safe-deposit box.
- Check your homeowner's or renter's insurance for flood insurance coverage—if none exists, purchase.
- Store supplies at work, home and car in handy locations.
- First aid kit and essential medicines.
- Food (packaged, dried, canned, or food for special diets.) Don't forget your food for your pets.
- Non-electric can opener.
- Keep some cash on hand. ATM machines may not be working.
- Portable radio, flashlights and extra batteries (stored in water-tight plastic bag.)
- Store drinking water in closed, clean containers in case water service is interrupted. Allow one gallon of water per person per day for at least three days.
- Keep your car fueled. If electric power is cut off, filling stations may not be able to operate.
- Know safe routes from your home or office to high, safe ground.
- Keep sandbags, plywood, plastic sheeting, lumber and other emergency building materials handy for waterproofing.

Post Veterinarian Adopt-a-Pet Update

Adoptable dogs and cats are available at the Veterinarian Clinic, Building 4380, Parker Flats Road, POM Annex. All the pets need a good home and loving care. Veterinarian fees (\$27 for cats and \$29 for dogs) include rabies and booster shots. Thinking of getting a pet? Make the Veterinarian Clinic your first stop.

Call 242-7718

Veterinarian Clinic HOURS

Mon: 8 a.m.-noon / 1:30-3 p.m.

Tues: 8 a.m.-noon / 1:30-3 p.m.

Clinic Day -

by appointment only

Clinic Day services provided are:

adoptions, vaccinations, minor sick call, health certificates, limited diagnosis, base registration (no emergency or surgical services)

Wed: Temporarily Closed

Thurs & Fri: 8 a.m.-noon / 1:30-3 p.m.

Pets still waiting for adoption

(as of Dec. 11)

Waiting for one month:

KITTENS - (2 siblings) light gray color, age 9 weeks.

Abandoned / lost animals:

Call the Installation Animal Control Officer at 242-7851. Consider pets as your children. They have feelings too if ignored or abandoned. Take care.

Post Veterinarian Encourages Avid Microchip

A simple injection means a lifetime of protection for your animal.

Statistics show one out of three family pets will be lost. Unfortunately, only 10 percent of lost pets are identified. With the Microchip program, a scanner is used to retrieve your pet's I.D. number immediately. The I.D. number is entered into a computer where an extensive database matches the I.D. number with pertinent information about you, the owner. What this means is a quicker reunion with your lost pet and reduced chances he will be taken to the pound or animal shelter. Veterinarians agree that the Avid Microchip is the identification method of choice. A simple and safe injection gives your pet permanent identification.

**For details, ask your veterinarian (242-7718),
or call 1-800-336-AVID**

Pet Immunizations Recommended

Rabies: Feline & Canine: Initial vaccination at 4 months (16 weeks). Animals vaccinated under 12 months of age need to be re-vaccinated in one year. Re-vaccination is required every 3 years for dogs and cats.

Canine Distemper, Hepatitis Parainfluenza/Letospiriosis, Parvo Virus & Corona Virus: 1st Inoculation...6 to 8 weeks of age; 2nd Inoculation...12 weeks of age; 3rd Inoculation...16 weeks of age. Re-vaccination is recommended yearly.

Feline Distemper, Calici Virus, Rhinotracheitis & Chlamydia: 1st Inoculation...6 to 8 weeks of age; 2nd Inoculation...12 weeks of age; 3rd Inoculation...16 weeks of age. Re-vaccination is recommended yearly.

January, February and
March 1999

TRICARE Briefings

**All briefings are
located at:**

4299 Parker Flats Cut-Off Road,
POM Annex
(former Fort Ord)

Schedule

Jan. 5 11 a.m.
Tuesday

Jan. 12 11 a.m.
Tuesday

Jan. 20 1 p.m.
Wednesday

Feb. 2 11 a.m.
Tuesday

Feb. 9 11 a.m.
Tuesday

Feb. 16 11 a.m.
Tuesday

Mar. 2 11 a.m.
Tuesday

Mar. 9 11 a.m.
Tuesday

Mar. 17 1 p.m.
Tuesday

(Provided by the Presidio of Monterey Army Health Clinic, this information provides a general overview on safe scuba diving and Depo Provera and may not apply to everyone. Talk to your doctor to find out if this information applies to you and to get more information on this subject.)

Safe Scuba Diving

Question: What are good rules to follow for safe diving?

1. Don't drink alcohol before diving; 2. Never scuba dive without a buddy; 3. Never dive without having proper training first; 4. Always plan your dive, then always dive your plan; 5. Be aware of local tides and currents; 6. Always stay within the no-decompression limits; 7. Don't handle unfamiliar marine life; 8. Be sure that your diving equipment can handle the dive you have planned and that the equipment is working well; 9. Cave diving is dangerous and should only be attempted by divers with proper training and equipment; 10. Never dive while taking medicines unless your doctor has said it's safe; 11. Diving can be dangerous if you have some medical problems. Ask your doctor how diving may affect your health; 12. If you don't feel well or if you are in pain after diving, go to the nearest emergency room immediately; 13. Don't fly for 12 hours after a no-decompression dive, even in a pressurized airplane. If your dive required decompression stops, don't fly for at least 24 hours.

Question: What dangerous medical conditions are possible when I'm diving?

1. **Middle ear squeeze:** This condition may cause pain in your ears while you are diving. It happens if you dive while you are having clearing problems, usually because you have a cold or allergies.

2. **Inner ear barotrauma:** This condition may happen if you had trouble clearing during a dive. The result is severe dizziness and hearing loss. If you ever feel dizzy after diving, you should seek medical care immediately.

3. **Pulmonary barotrauma:** This condition is a result of improper breathing during the ascent to the surface or, occasionally, of diving with a respiratory tract infection. Symptoms include chest pain, shortness of breath and hoarseness.

4. **Decompression sickness ("the bends"):** This condition can result if you exceed the no-decompression dive limits or if you push the limits of a dive computer. Your body absorbs too much nitrogen, which then forms into bubbles in your body tissues. Symptoms such as joint pain, fatigue, numbness or tingling of the skin, and even inability to move an arm or a leg may result. These symptoms may start immediately after a dive or as long as 48 hours after a dive.

5. **Arterial gas embolism (AGE):** This is a type of pulmonary barotrauma in which bubbles enter the circulation and travel to the brain. Symptoms such as numbness or tingling of the skin, weakness, paralysis or even loss of consciousness may occur. This is a very serious diving injury.

Remember— *If you develop any of the symptoms on this list during a dive or after a dive, you should get medical care immediately.*

DEPO-PROVERA— An Injectable Contraceptive

What is Depo-Provera? Depo-Provera (medroxyprogesterone acetate) is a drug very similar to progesterone, a hormone secreted by the ovaries every month as part of the menstrual cycle. Depo-Provera is an injectable form of this medicine that prevents pregnancy for up to three months with each injection.

How does it work? Depo-Provera prevents pregnancy by stopping ovulation (the release of an egg from the ovary). If an egg is not released, pregnancy is unlikely. Depo-Provera is given in one injection (shot) in the buttock or upper arm. The first shot should be given within five days of a normal menstrual period, and shots should be repeated every three months.

Is it an effective contraceptive? Studies of Depo-Provera have found it to be as effective as tubal ligation (having your tubes tied) and more effective at preventing pregnancy than several other methods, including birth control pills, condoms, diaphragms and sponges. It does not, however, protect against sexually transmitted diseases.

Is the effect permanent? No. Depo-Provera only works for about three months. The shot must be repeated every three months to prevent pregnancy. After a woman stops using Depo-Provera, her normal ovarian function returns after a short time.

Are there side effects? Depo-Provera has been used in more than 3 million women over the world. Most women have some changes in their menstrual periods while using Depo-Provera, including irregular and unpredictable bleeding or spotting, an increase or decrease in menstrual bleeding, or no bleeding at all. After one year of use, about two of three women have no bleeding at all. The absence of periods is not harmful, and periods usually return to normal after Depo-Provera is discontinued. If unusually heavy or continuous bleeding occurs, you should see your doctor. Other side effects include weight gain, headaches, nervousness, abdominal discomfort, dizziness and weakness or fatigue. Most side effects are mild and do not lead to discontinuation of the drug, and the weight gain is temporary with most women resuming their baseline weight within 1 year.

Can I use it if I am breast feeding? Depo-Provera has been used safely in women who have been breast feeding, and long term studies of babies whose mothers used Depo-Provera while breast feeding found no bad effects.

Who should not use Depo-Provera? Women who have any of the following should not use Depo-Provera: liver disease, a history of blood clots (phlebitis) or stroke, vaginal bleeding without a known reason, cancer of the breast or reproductive organs, known or suspected pregnancy or allergy to the medication in Depo-Provera.

ODR / ITT

Now two locations serving your needs at
Outdoor Recreation and Information, Travel and Tours

POM:

LOCATION: Building 228 (Lewis Hall), POM (located next to the gas station)

HOURS: 10:30 a.m.-6 p.m. (2-3 p.m. closed/lunch), Monday through Friday

CALL: 242-6133 or 242-5506

POMAnnex:

LOCATION: Building 4260 (General Stilwell Community Center)

HOURS: Monday and Friday, 4-7 p.m.; Wednesday, 4-8 p.m.; and Thursday, 4-9 p.m.

CALL: 242-6155

Ski Season

December 1998 to April 1999

*For your next ski trip, try Lake Tahoe, and let
Outdoor Recreation arrange accommodations for you.*

Upcoming ski trips:

Note: Discounted ski lift tickets, rentals, and ski accessories. Inventory includes: snowboards, downhill skis, cross-country and telemark equipment. The retail shop has a selection of sunglasses, goggles, gloves and hats.

Dec. 18-20 - Lake Tahoe Weekend (Adults \$169 / \$155 teen / \$145 child)

Dec. 21-23 - Holiday Weekend (Adults \$179 / \$164 teen / \$155 child)

Dec. 24-27 - Holiday Weekend (Adults \$239 / \$219 teen / \$199 child)

Dec. 28-30 - New Years Weekend (Adults \$179 / \$165 teen / \$155 child)

Dec. 29 Jan. 1 - New Years Holiday (Adults \$265 / \$245 teen / \$235 child)

Dec. 30-Jan. 1 - New Years Holiday (Adults \$199 / \$179 teen / \$169 child)

Jan. 1-3 - New Years Weekend (Adults \$179 / \$165 teen / \$155 child)



**Gardiner Cabin and A-Frame Properties
are available** (three cabins)

Each sleeps 2-4 people at \$90-\$110 per night)

Great Christmas Gifts

Don't forget we offer discounted tickets for the following:

Local movie theaters at \$5 each; whale watching at \$12 (adults); Monterey Bay Aquarium tickets at \$12.50 (adults). Other gift ideas include coupons for See's one-pound candies, \$9.50 and two-pound box, \$18. Entertainment Books '99 are full of two-for-one coupons from kayaking to dining, and the cost is \$30.

ITT tours leisure tours

Dec. 12 - Christmas Shopping Bizarre in San Francisco (\$50)

Jan. 9 - San Francisco Get Acquainted Tour (\$20)

Jan. 16-18 - LA Express Tour, Getty Museum, Universal Studios/Disneyland (\$189)

Jan. 23 - Ano Nuevo - Californiai National Park, Elephant Seal Tour (\$20)

Don't forget to stop by the Information, Travel and Tour Office at Outdoor Recreation to help plan for your next off-duty or family-time leisure outings. The ITT office offer discounts to the local movie theaters, Monterey Bay Aquarium, Disneyland, Great America, Marine World, Santa Cruz Beach Boardwalk, Raging Waters and numerous other attractions. We can also assist you with lodging and auto rentals.

The "Entertainment '99" guides are in and chuck full of two-for-one coupons. From kayaking to vitamins, restaurants to gas stations, ocean line cruises, airline offers, family trip opportunities to rentals, take advantage of tremendous discounts throughout the Monterey Peninsula.

All coupons are valid now and good for one year (until Nov. 1, 1999). Cost is \$30.

Pick up your Entertainment '99 guides at either:

Outdoor Recreation

(242-5506, Building 228)

POM Red Cross

(242-6800, Building 257)

Fri Dec. 11 7 p.m. A Night at the Roxbury (PG-13)
Sat Nov. 12 7 p.m. One True Thing (R)

Thurs Dec. 17 7 p.m. Beloved (R)
Fri Dec. 18 7 p.m. What Dreams May Come (PG-13)
Sat Dec. 19 7 p.m. Antz (PG)

Thurs Dec. 24 7 p.m. Holy Man (PG)
Fri Dec. 25 7 p.m. Closed
Sat Dec. 26 7 p.m. Apt Pupil (R)

Thurs Dec. 31 7 p.m. Closed
Fri Jan. 1 7 p.m. Closed
Sat Dec. 2 7 p.m. Practical Magic (PG-13)

Thurs Jan. 7 7 p.m. Wizard of OZ (G)
Fri Jan. 8 7 p.m. Wizard of OZ (G)
 9 p.m. Soldier (R)
Sat Jan. 9 7 p.m. Soldier (R)
 9 p.m. Practical Magic (PG-13)

Thurs Jan. 14 7 p.m. Pleasantville (PG-13)
Fri Jan. 15 7 p.m. The Mighty (PG-13)
 9 p.m. John Caprenter's Vampire (R)
Sat Jan. 16 7 p.m. John Caprenter's Vampire (R)
 9 p.m. The Mighty (PG-13)

POM Theater

Presidio of Monterey

(Located on Stilwell Road near Soldier Field / and High Street Gate)

372-1249

Call on movie nights, 6-9 p.m.

Note: Beginning in January 1999, this phone should be automated 24 hours daily.

Movies scheduled are subject to change.

Adults (12 and up) \$3.50
Children (6-11) \$2
 (All children will be charged \$3.50 for G-rated and matinee movies.)



Missing, remembering and giving thanks to those who sacrificed that we may enjoy our bounties during this holiday season.

Commander's Cup Run RESULTS

FEMALE Runners:

Alpha 14:56
Bravo 15:02
NSGD 15:12
Charlie 15:25
Foxtrot 15:44
311 TRS 17:11
Delta 17:23
Echo 17:28
USMC 17:36

MALE Runners:

Bravo 11:46
Alpha 11:48
USMC 12:26
Charlie 12:37
311 TRS 12:43
Delta 12:51
Foxtrot 13:10
Echo 15:30
NSGD DQ

The next Commander's Cup Run is tentatively scheduled for:

Feb. 17

The time will be announced at a later date.

Military Quotes Worth Repeating

Source:

W
A
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"Mix empathy with your humor; consider how the jest you have in mind will affect others before you utter it."

— Major General Aubrey 'Red' Newman, *Follow Me*, 1981

"Never tell people how to do things. Tell them what to do and they will surprise you with their ingenuity."

— General George S. Patton, Jr., *War As I Knew It*, 1947

"The art of leading, in operations large or small, is the art of dealing with humanity."

— Brigadier General S. L. A. Marshall, *Men Against Fire*, 1947

"I know how to hold my tongue when it is necessary; but I do not know how to lie."

— Field Marshal Prince Eugene of Savoy, 1728, to the English diplomat, Lord Waldegrave



Continuing education...key to your career and future

Visit the Education Center

LOCATION:

Building 273, Presidio of Monterey

TELEPHONE:

242-5325 or 242-5866

Education Center Update MPC Spring 99 Term - Over 400 DLI students have earned Foreign Language Associate Arts degrees. You can too. The next MPC term begins on Feb. 1, 1999. Schedules for the spring term are now available. Register early to get the classes you want.

California Virtual University (CVU) updates - As California Virtual University starts its first official year under the auspices of the CVU Foundation, 95 accredited California universities and colleges have put over 1,600 [on-line] courses in the catalog and more than 100 degrees and certificates on-line for 1998-99. Among them are the University of California, University of Southern California, Stanford University, and Pepperdine University. Functioning as a kind of huge course catalog instead of a school itself, CVU's five-year plan is to involve at least 80 percent of the state's 301 accredited schools in the virtual program. Check the web site at www.virtualu.ca.gov/welcome.htm

Naval Postgraduate School (NPGS) - NPGS offers a "Continuing Education Program" where officers can take no-cost correspondence courses for aca-

demic credits while at any duty station, aboard ship or on shore, anywhere in the world including DLI/POM. In addition, NPGS courses are open to DLI/POM military. For further information about the spring 1999 classes beginning on Jan. 4, call the NPGS registrar at 656-3093 or visit their web site at www.nps.navy.mil

Spring 1999 Registration for new and continuing MIIS graduate students - The Monterey Institute of International Studies (MIIS) will accept student registrations for the spring 1999 MATFL term from Nov. 12 to Dec. 18. DLI students who wish additional information are encouraged to call Dr. Jean Turner at 647-3522 before the Christmas break.

Army Correspondence Course Program (ACCP) - The new Oct. 1, 1998 ACCP catalog no longer allows course enrollments by pen and paper forms. All enrollments must be either by internet accessed at <http://155.217.35.238/accp/aipd.htm> or electronic enrollment through Army Training Requirements and Resources System (ATRRS). For more information on ATRRS enrollment process, call AIPD at (757) 878-5532 or DSN 927-5532.

Upcoming Test Dates

at the Education Center

Stocked Exams

ACT (8 a.m.)

Jan. 11, April 5, July 12, Oct. 4

SAT (8 a.m.)

Dec. 7, March 8, June 7, Sept. 13

CLEP and DANTES

Proficiency Exams (4 p.m.)

Thursdays

Ordered Exams

(ordered 4-6 weeks before the test date)

GRE General (8 a.m.)

April 12

GRE Subject (1:30 p.m.)

Dec. 14, April 12

GMAT (8 a.m.)

Jan. 19

ENGLISH CLEP with Essay (4 p.m.)

Jan. 14, April 8, May 27

PRAXIS CORE & Specialty

Jan. 25, March 15, April 26, June 14

REGENTS College Exams (3 p.m.)

Feb. 2, April 6, June 4, August 3

AFAST (11 a.m.) (Alternate Flight Aptitude Selection Test)

Feb. 1, March 29, May 24, July 26, Sept. 20



Monterey County Chapter American Red Cross



New Location:
Building 257, Presidio of Monterey, 242-6800
Hours: 8:30 a.m. to 4:30 p.m. (Monday to Friday)

Keeping Monterey County safe for 100 years (1898-1998)

POM - The following American Red Cross Monterey County Chapter classes are now held in Building 257 located near the intersection of Patton Avenue and Kit Carson streets). Classes fill up fast. Reserve your space NOW to learn these valuable lifesaving skills, because ...Help can't wait.

Health and Safety Classes

Classes do cost (prepay), however there are discounts for active duty and their spouses -- bring your military I.D.)

California Child Care Course

Module 1 (Health and Safety Units)

•Jan. 9 (9 a.m.-6 p.m., Sat.)

Module 2 (Health and Safety Units)

•Jan. 23 (9 a.m.-5 p.m., Sat.)

Standard First Aid

(Course includes adult CPR.)

(\$25 military / \$30 civilians)

•Jan. 13 (6-10 p.m., Wed.)

and Jan. 15 (6-8:30 p.m., Fri.)

•Jan. 21 (6-10 p.m., Wed.)

and Jan. 22 (6-8:30 p.m., Fri.)

•Jan. 27 (6-10 p.m., Wed.)

and Jan. 28 (6-8:30 p.m., Fri.)

Community First Aid and Safety

(Course includes infant, child and adult CPR and first aid. Scheduled three week nights or one week night and one Saturday.)

(\$35 military / \$40 civilians)

•Feb. 8 (6-10 p.m., Tues.)

and Feb. 9 (6-10 p.m., Wed.)

and Feb. 10 (6:30-8:30 p.m., Thurs.)

•Feb. 27 (10 a.m.-2 p.m., Sat.)

Disaster Services Classes

NO COST for classes
(free for military or civilians)
All classes are held at Building 234, POM

Introduction to Disaster Services

•Jan. 21 (6-9 p.m., Thurs.)

•Feb. 26 (6-9 p.m., Thurs.)

Mass Care I: An Overview

(Prerequisite: Intro to Disaster Services)

•Jan. 29 (6-9 p.m., Thurs.)

•March 8 (6-9 p.m., Thurs.)

Shelter Operations

(Prerequisite: Intro to Disaster Services and Mass Care: An Overview)

•May 12 29 (6-9 p.m., Wed.)

Damage Assessment I

(Prerequisite: Intro to Disaster Services)

•March 31 (6-9 p.m., Wed.)

Emergency Assistance I

(Prerequisite: Intro to Disaster Services)

•May 26 (6-10 p.m., Wed.)

and May 28 (6-9 p.m., Fri.)

Emergency Assistance II

(Prerequisite: Intro & Emerg. Assist. I)

•March 20 (9 a.m.-5 p.m., Sat.)

Want to be instructor qualified in CPR and first aid?

POM - The next 30-hour course schedule for the CPR & First Aid Instructor Class is listed below. Meets at Building 257, POM. Call 242-6800/fax 242-6808.

•Jan. 2 (10 a.m.-2 p.m., Sat.)

and Jan. 3 (9 a.m.-4 p.m., Sun.)

and Jan. 5 (6-10 p.m., Tues.)

and Jan. 6 (6-10 p.m., WEd.)

and Jan. 8 (6-10 p.m., Fri.)

and Jan. 12 (6-10 p.m., Tues.)

and Jan. 15 (6-10 p.m., Fri.)

Add to your resume:

Need Volunteers for the following:

- Special Upcoming Events
- Thrift Shop
- POM Dental Clinic
- Library (Chamberlin)
- POM Red Cross
(reception desk)
- Blood Drive Program

To volunteer, call
242-6800
(ask for Jim Nelson)

NEW:

Pet First Aid
(for cats and dogs)

(\$30 includes text. Location: Carmel-by-the-Sea Chapter, 8th at Dolores Street, Carmel. Call 624-6921.)

This publication is also available on the World Wide Web:

The *Community News* and the *GLOBE* magazine can be accessed via computer/modem by selecting "Presidio of Monterey HomePage"

<http://pom-www.army.mil>

Specific information on legal and military personnel issues, and the history of the Presidio of Monterey can be accessed via the Presidio of Monterey HomePage noted above, or directly as follows:

Staff Judge Advocate / Legal Assistance: <http://pom-www.army.mil/w3-atzp/ja/la>
Adjutant General Office: <http://pom-www.army.mil>
History <http://pom-www.army.mil/w3-pages/history.htm>

Specific Defense Language Institute Foreign Language Center (DLIFLC) information is available at:

DLIFLC <http://dli-www.army.mil>
DLIFLC general catalog <http://dli-www.dci/catalog/index/htm>

Other useful HomePages for defense and military information are:

DefenseLink <http://www.dtic.dla.mil/defenselink/index.html>
Army <http://www.dtic.dla.mil/army/link/>

Go to "Installations" for a specific Army location (such as Presidio of Monterey)

"Zero Tolerance" Key: Respect

Call DLI/POM Equal Opportunity (EO)
Sexual Harassment Hotline: 964

242-5442

**or call the Worldwide
"Harassment and Sexual Abuse
Assistance Line"**

1-800-267-9964

Local services hotlines:

**DLI/POM Equal Opportunity Office
Sexual Harassment Hotline**
242-5442

Community Human Services Crisis Line
373-4773, 24-hour, Monterey
Domestic Violence Crisis Line
372-6300, 24-hour, Monterey
Domestic Violence Prevention Hotline
1-800-540-5433, 24-hour
Women's Crisis Center
757-1001, 24-hour, Salinas

**Monterey County Men's Alternative to
Violence**

373-4167, Monterey

Monterey Rape Crisis Center

375-4357, Monterey
633-5900, Prunedale

**Monterey County Family and Children's
Service**

Child Protective Services

899-8015, Monterey
755-4660, Salinas
385-7400, King City

**Crisis Intervention & Referrals to Pre-
vention Programs**

Family Resource Center

394-4622, Monterey
757-7915, Salinas

Call the BOSSLINE:

242-POST

**24-hour hotline,
confidential reporting
to local command**

Try first reporting abusive behavior incidents through your chain of command. If needed, call the DLIFLC/POM Command's 24-hour Hotline, "BOSSLINE,"

On-post assistance:

POM POLICE

Building 4468, Gigling Road

Federal Police Desk

242-7851, 242-7852 or 242-7853

(Note: all telephone lines listed above are monitored and taped.)

Police Emergency

911

**FAMILY ADVOCACY
at Army Community Service**

242-7653

Open

Monday through Friday

Location:

General Stilwell Community Center,
Building 4260, corner of North-South
and Gigling roads, POM Annex.

FREQUENTLY USED TELEPHONE NUMBERS

for Presidio of Monterey and POM Annex

as of Nov. 5, 1998

EMERGENCIES and IMPORTANT NUMBERS

EMERGENCIES	911	CRIME, reporting crime on post	24-CRIME or 242-7463
Police or Fire emergencies only			
Federal Police (POM Police)	242-7851	POST EMERGENCY OPERATIONS CENTER (EOC)	242-5784
Fire Department	242-7701	OPERATOR:	
		Post locator operator - POM	242-5119 or 0
		Official calls assistance (from a military phone)	0
HEALTH EMERGENCIES (active duty)	242-5663 or 242-5234	COMMAND HOTLINE "Bossline"	242-POST (242-7678)
after hours			
RED CROSS		DLI & POM STAFF DUTY OFFICER:	242-5119
Duty hours	242-6800	Evenings: Monday, Tuesday, Wednesday, Thursday 4 p.m.-7:30 a.m.	
After hours	1-800--540-2000	Weekends: Friday 4 p.m. to Monday 7:30 a.m.	

INSTALLATION AGENCIES

Alcohol & Drug Abuse Prevention (ADAPC) - POM	242-6960	(Mon.-Fri., 6:30 a.m.-5:30 p.m.)	583-1050 or 583-1051
(Mon.-Fri., 8:30 a.m.-4:30 p.m.)			
Alterations		Family Child Care (Quarter-Based), Bldg. 339	242-5032
POM (Mon.-Fri., 10 a.m.-6 p.m.)	655-0918	(Mon.-Fri., 8 a.m.-4:30 p.m.)	
POM Annex (Mon.-Fri., 10 a.m.-6 p.m., Sat. 10 a.m.-5 p.m.)	899-2838	CDS Administration, Bldg. 339	242-5530
American Red Cross (ARC) - POM	242-6800	(Mon.-Fri., 7:45 a.m.-4:45 p.m.)	
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		Civilian Personnel Office - POM	242-5100
Army Community Service (ACS) - POM Annex	242-7660	(Mon.-Fri., 7:45 a.m.-4:45 p.m.)	
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		Cleaners	
Army Emergency Relief (AER) - POM Annex	242-5501	POM (Mon.-Fri., 10 a.m.-6 p.m.; Sat. 11 a.m.-3 p.m.)	372-6546
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		POM Annex (Mon.-Fri., 10 a.m.-6 p.m., Sat. 10 a.m.-5 p.m.)	899-2838
Auto Crafts Shop - POM Annex	242-7759 or 242-7760	Club - The EDGE Club - POM	649-1822 or 649-1823
(Thurs.-Fri., 1-9:30 p.m.; Sat.-Sun., 9 a.m.-5:30 p.m.; closed holidays)		(Thurs., 7 p.m.-1 a.m., and Fri., 4:30 p.m.-2 a.m.)	
Barber and Beauty (POM) Shops		Commissary - POM Annex	
POM (Beauty and Barber Shop)	372-0520	(Tues.-Fri., 10 a.m.-7 p.m.; and Sat.-Sun., 9 a.m.-5 p.m.)	
(Mon., 10 a.m.-7 p.m.; Tues.-Fri., 10 a.m.-6 p.m.; Sat., 10 a.m.-4 p.m.)		Administration Office	242-7668 (dial extension 3001)
POM Annex (Beauty Shop)	899-3198	(general information recording explaining hours of operation, store directions and voice mail providing direct dial to store department extensions)	
(Tues.-Fri., 9 a.m.-6 p.m.; Sat., 9 a.m.-5 p.m., closed Sun. & Mon.)		Customer Service	242-7671 (ext. 3012)
POM Annex (Barber Shop)	899-3198	(for the <u>Cash Cage</u> , dial ext. 3013)	
(Mon.-Fri., 10 a.m.-6 p.m.; Sat., 9 a.m.-5 p.m., closed Sun.)		Accounting / Bad Checks	242-7669 (ext. 3005)
Billeting Office (reservations) - POM	242-5091 or 242-7717	Commissary Officer	242-7668 (ext. 3002)
(Mon., 10 a.m.-7 p.m.; Thurs.-Fri., 10 a.m.-6 p.m.; Sat., 10 a.m.-4 p.m.)		Assistant Commissary Officer	242-7668 (ext. 3003)
Cable service -		Bakery	899-2326
(Coastside Cable)	899-5355	Deli	899-4254
(TCI)	649-9100 (Monterey) or 757-8111 (Salinas)	Grocery Department Manager	242-7673 (ext. 3014)
Chaplain Program / Chaplain-		Meat Department Manager	242-7679 (ext. 3017)
POM	242-5281	Produce Manager	242-7674 (ext. 3016)
(Mon.-Fri., 8 a.m.-5 p.m.)		Community Center (General Stilwell) ACTIVITIES - POM Annex	
POM Annex	242-7620	- Army Community Service (ACS) office	242-7660
(Mon.-Fri., 7:45 a.m.-4:45 p.m.)		- Buffet dinners (Wed., 5-8 p.m.) provided by EDGE Club	242-7802
Child Care (Child Development Services) -		- Bingo (Sun., 1-2:30 p.m.) provided by EDGE Club	242-7802
Central Registration Office - Annex, Bldg. 7693	583-1059	Credit Union - POM Annex	393-3480
(registration for all CDS and youth services)		Coastside Federal Military Credit Union	
(Mon.-Fri., 9-11:30 a.m., 12:30-4 p.m.)		Inside Office (Mon.-Fri., 9 a.m.-4 p.m.)	
Child Development Center (Monterey Road), Annex		Outside, Walk-up (Mon.-Fri., 8:30 a.m.-5:30 p.m.)	

Dental Clinic - POM

During hours: Mon.-Fri., 7 a.m.-6 p.m.) **242-5641 or 242-5613**
Emergencies, 24-hours after hours (Dentist on Duty): **809-3025**
 (Assistant Dentist on Duty): **809-3025**

Inprocessing: coordinate directly with the clinic, Building 422
 Outprocessing: Tues. & Thurs., 5-6 p.m.

For questions, comments: call NCOIC, Dental Clinic: **242-7092**

Education Center - POM **242-5325 or 242-5866**

(Mon., 8 a.m.-5 p.m.) (Tues. & Thurs., 8 a.m.-6 p.m.)

(Wed., 9 a.m.-5 p.m.) (Fri., 8 a.m.-4 p.m.)

Employment - POM

CPO Employee Services Branch **242-5137 or 242-5867**

(Mon.-Fri., 7:45 a.m.-4:45 p.m.)

Equal Employment Opportunity - POM **242-5105**

(Mon.-Fri., 7 a.m.-4:30 p.m.)

Family services at Stilwell Community Center - POMAnnex

Army Community Service (ACS) **242-7652 or 242-7660**

(Mon.-Fri., 7:45 a.m.-4:45 p.m.)

Family Advocacy **242-7653**

(Mon.-Fri., 7:45 a.m.-4:45 p.m.)

Flower Shop (Sharon's Flowers)- POMAnnex **1-800-648-4515**

(Mon.-Sat., 10 a.m.-6 p.m., Closed Sun. / Korean spoken) **or 392-1009**

Finance- POM

Finance Office (Defense Military Pay Office) **242-6366**

Claims Branch - Staff Judge Advocate (SJA) **242-5083**

Army Emergency Relief (AER) - POMAnnex **242-5501**

Gas stations (Car Care Centers) -

POM **372-0702**

(Mon.-Fri., 7 a.m.-5 p.m., Sat. 10 a.m.-3 p.m.)

POMAnnex **394-8219**

(Mon.-Sat., 7 a.m.-9 p.m., Sun. 9 a.m.-9 p.m.)

Health Clinic (active duty military):

POM U.S. Army Health Clinic

Hours of operation

(Mon.-Fri., 6:30 a.m.-4 p.m. - normal hours)

(Mon.-Fri., 4-6 p.m. - acute illness/injury only)

(Sat. 8-10 a.m. - sick call, acute illness only)

After-duty acute care only **242-5663 or 242-5234**

Sick Call (by appointment) **242-5234 or 242-5663**

(Mon.-Fri., call between 6:30-7 a.m. only)

Appointments /cancellations (routine) **242-5741 / 42 / 43**

(Mon.-Fri., 7 a.m.-3:30 p.m.)

In Processing / Out Processing - walk in to health clinic

(Mon.-Thurs., 1-3:30 p.m.)

Health Care Information Line (24 Hrs) **1-800-611-2883**

In an EMERGENCY, call **911**

Health Insurance

Health Insurance Benefits Advisor **242-6834/7566/7567**

TRICARE (Foundation Health Federal Services)

1-800-242-6788

Housing

Housing Office, customer service at NPS **656-2321**

Billeting (temporary), customer service at POM **242-5091**

Repairs:

Department of Public Works - POM Annex **242-7664**

(Mon.-Fri., 8 a.m.-4:30 p.m.)

Self Help Store (do-it-yourself) - POM **242-5713**

(Mon.-Fri., 8 a.m.-4:30 p.m.)

Self Help Store (do-it-yourself) - POMAnnex **242-7615**

(Wed. thru Sat., 9:30 a.m.-1 p.m.; 2-5:30 p.m.)

(All equipment must be returned within 24 hours or the following work day)

Inspector General (IG) **242-5173**

Identification Cards **242-5209**

Leisure -

Information, Tour & Travel **242-5506 or 242-6133**

Golf Course (Mon.-Fri., 7 a.m.-6 p.m.)

899-2351

Outdoor Recreation - POM **242-5506 or 242-6133**

(Mon.-Fri., 10:30 a.m.-6 p.m.; closed 2-3 p.m.)

(SCUBA locker open: Sat./Sun., 7:30-9 a.m. and 3:30-5:30 p.m.)

Outdoor Recreation - POMAnnex **582-4107**

Price Fitness Center (Gym) - POM **242-5700 or 242-5641**

(Mon.-Fri. 5:30-7:30 a.m. and 10 a.m.-9 p.m.)

(Sat/Sun: 10 a.m.-6 p.m.; Holidays: 9 a.m.-3 p.m.)

Recreation Center - POM **242-5447**

Legal Assistance -

(Mon.-Fri., 7:45 a.m.-4:45 p.m.)

242-5083 or 5084

Libraries -

Academic (Aiso Library) - POM

242-5572

Community (Chamberlin) - POM Annex

242-7680/7681

(Mon.-Thurs., noon-7 p.m.)

Optical Shop -

POM (Temporarily Closed)

POMAnnex

394-4134

(Tues.-Fri., 10 a.m.-6 p.m.; Sat., 10-5, Sun./Mon., Closed)

Post Exchange (PX) -

POMPX

647-9602

(Mon.-Fri., 10:30 a.m.-8 p.m.; Sat./Sun., 10:30 a.m.-6 p.m.)

POMAnnex PX

899-2336

(Sat.-Sun.(7 days), 10 a.m.-7 p.m.)

Schools-

School District (MPUSD) - Monterey

649-1565

(Mon.-Fri., 7:30 a.m.-5 p.m.)

Marshall Elementary - POMAnnex

899-7052

(Mon.-Fri., 7:30 a.m.-4 p.m.)

Fitch Middle - POMAnnex

899-7080

(Mon.-Fri., 7:30 a.m.-4:30 p.m.)

Seaside High - Seaside

899-7028

(Mon.-Fri., 7:30 a.m.-4 p.m.)

Scouting (Boy Scouts, Girl Scouts) - POMAnnex **242-5194**

Snack Bars -

Coffee Shop (by POM Theater & Soldier Field)

372-1134

PX Food Court (Pizza, Sandwich, & Salad Shop)

647-9605

(Mon.-Fri., 10 a.m.-8 p.m.; Sat./Sun., 10 a.m.-6 p.m.)

Tin Barn Snack Bar (Bldg. 517, by Post Office)

372-2234

(Mon.-Fri., 7 a.m.-2:30 p.m.)

Telephone Installation (for phones in barracks) -

Phone Center (Sprint)- POM, in PX mall

333-3000

(Mon.-Fri., 10 a.m.-6 p.m.; Sat., 11 a.m.-2 p.m.)

Telephone Service (Pacific Bell) -

1-800-310-2355

Theater (Movie) -

POM Theater - POM

372-1249

Transportation - POM (Bldg. 517)

(M-F, 8:30 a.m.-12:45 p.m. / reopens 2-4 p.m.)

HHG In-bound (FAX 242-5923)

242-5096

HHG Out-bound

242-5203

Passport / Portcalls

242-5330

TDY (FAX 242-5821)

242-5230

Travel (Carlson Wagonlit Travel) - POM

648-8609

(M-F, 8:30 a.m.-12:45 p.m. / reopens 2-4 p.m.)

Official/Leisure Travel Assistance

Thrift Shop- POMAnnex

899-4975

(W/F, 10 a.m.-4 p.m., with Consignments from 10 a.m.-1 p.m.)

Veterans Administration Clinic - POMAnnex

883-3800

Veterinary Services (pets must be registered)

242-7718

(Mon., 8 a.m.-noon and 1:30-3 p.m.) (Tues., 8 a.m.-noon - Clinic Day)

(Wed., Temporarily Closed) (Thurs./Fri., 8 a.m.-noon and 1:30-3 p.m.)

Youth -

Youth Services - POMAnnex

242-7823

(Mon.-Fri., 6:30 a.m.-6 p.m.)

Autos

•**1997 Nissan Maxima SE**, V6, 19,000 miles, LOADED: leather seats, moonroof, spoiler, AM/FM stereo w/ cassette & CD, power everything, remote doors, windows and trunk, alarm, alloy wheels, dual air bags, front wheel drive, excellent condition. Only \$19,000 (Blue Book Value \$24,165). Call 393-2944. (10-23)

•**1996 Mitsubishi Galant "S" model**, 4 door sedan. Must sell, gray with dark gray interior, excellent condition in and out, 45,000 miles, \$12,000 OBO—make me an offer. Call 394-7530 any time. (12-04)

•**1995 VW Jetta**, 37K miles, 5 Speed, like new condition, sunroof, 6CD changer, EFI, PL, alarm, tilt, (blue book value \$12,500) asking \$11,000. Call 384-3646. (10-23)

•**1994 Saturn SL1**, 4dr, AM/FM/cassette, Tilt, A/C, highway miles, good condition (Blue Book standards), excellent road trip vehicle, 28 mpg/city, 33 mpg/hwy, \$6,200. Call 333-3528. (10-09)

•**1992 Honda Civic LX**, 4 door sedan, power windows, power locks, 88K, excellent condition, must sell PCSing. Please call after 5 p.m. at 899-1062 or email at primarch@redshift.com (10-23)

•**1990 Toyota Tercel E7**, 2 door hatchback, 4 speed, AM/FM Cassette, economical, 117K miles, newly smogged 8/98, \$2,800 OBO. Call evenings 384-1116. (10-23)

•**1990 Ford Thunderbird**, 3.8 liter fuel-injected V6, automatic trans, power-steering, new battery, 2-door, power seats/window/locks, AM/FM/Cassette, A/C, floor mats, large trunk space, \$5,000 OBO. Call 394-3910 or dgagz@iname.com (10-09)

•**1990 Mustang Convertible LX**, like new, excellent condition, 4 cyl, 5 sp, AC, white w/gray interior, pwr doors/windows, cruise, \$4,600. Call 899-9301. (10-09)

•**1989 Buick Electra Park Avenue** 4dr sedan- All power options including power sunroof, carphone, touch climate control and GM's durable and powerful engine 3800 engine. 93,000 miles. Blue Book- \$6500. Asking \$5500 firm. Call 582-9233. (12-04)

•**1986 Chevy Silverado**, V-8, well-maintained, has only two owners, \$3,300. Great for pulling or hauling business. Call 641-0952. (12-04)

•**1985 Nissan 300ZX**, white w/burgundy interior, T-Tops, automatic, dealer maintained with lots of new parts to retain vehicle integrity, dealer parts, power windows/locks/antenna, high quality acqua tread tires, hatchback with lots space in back area, near new muffler (Midas), meticulously maintained, impressive stereo/speaker sound, 120k, have records, \$5,500 OBO, must see. Call 242-6427 or 242-5184. (12-04)

•**1985 Toyota Cressida**, features include: full power, 6 cylinders/4 cycle, gasoline engine, power windows w/ remote lock, power door locks, automatic transmission, intermittent wipers, auto-headlights shutoff, push button-increased torque, driver/passenger vanity mirrors, over-drive, rearview mirror heater, aluminum wheels, rearview mirror remote adjust, Technic cassette/radio/equalizer, theft deterrent system, tilt steering, adjustable fade-off dome light and much more....MOVING! A great vehicle at a fair price, \$4,200. A must see. Call 583-0524. (10-23)

•**1984 Nissan Maxima**, 4 door, 6 cl, automatic, smogged, good for student or second car, \$750 OBO. Call 583-0412. (12-04)

Trucks / Vans / Sport

•**1996 Jeep Cherokee Country**, 4X4, power windows, locks, keyless entry, security glass, tilt, cruise, luggage rack, premium wheels, low 24K miles, 12,000 mile/12 month factory warranty still left, like new. Kelly blue book \$19,140, will sell for \$17,500. Call 393-1931. (10-09)

•**1994 Ford Ranger XLT SuperCab**, V-6, 4.0 liter, 4 X 4, alloy wheels, cruise control, PS, PB, silver w/ matching removable shell, rhinoliner, low 30K miles, excellent condition, one owner, \$13,500 —Kelly Blue Book \$14,500. Call 644-0940 or e-mail ju.hugh@mci2000.com (12-04)

•**1992 Ford Ranger XLT**, long bed, calypso green color, 5 sp, rear anti-lock brakes, AM/FM cassette, AC, California smogged, new tires, excellent condition, runs great. Transferring. Must sell. \$6000 OBO. Call day: 242-7128 eve: 384-2362 after 6 p.m. (12-04)

•**1991 GMC Extended Safari Van**, gray, 4.3 liter engine, 4 captain's chairs, one rear bench, power brakes, AC, 91,000 miles, \$6,500 OBO. Call 384-4193. (12-04)

•**1990 GMC Safari**, two tone blue, seats seven. Less than 24,000 miles on a dealer rebuilt engine. Have documents. 4.3L V6, auto everything, digital dash. Towing package, excellent condition inside and out. Moving to Japan and can't take it with me. Asking \$6,900 firm. Call 899-4923. (11-13)

•**1988 Suzuki Samurai**, 3 different tops and other accessories, needs transmission repair, blue book \$3,500, asking \$2,000 OBO. Call 646-9315. (09-25)

•**1982 Jeep Renegade**, Stock 258 C.I. 6 cylinder, 4 speed trans, Nerf Bars, Yokohama 31x10.50x15s on spoked mag rims including spare, bikini top, \$3,000 or best offer. Call Fred @ (work) 242-5310 or after 5 (home) 393-9805. (09-25)

•**1977 Toyota Chinook Motorhome**, 96k miles, loaded with lots of extras, \$3,700. Call 242-7914 between 7:30 a.m.-4 p.m. (10-09)

•**1972 Ford Courier Truck**, with 1987 Mazda engine, no smog required, \$1,000 OBO. Call 394-7401. (10-09)

Motorcycles & 4 Wheelers

•**1995 Yamaha FZR 600**, Racing Edition, blue and white with matching helmet, excellent condition, have maintenance paperwork, low mileage, family emergency—MUST SELL! Asking \$3,700 OBO. Call 392-1525. (11-13)

•**1997 Suzuki Katana 750**, 750cc, black w/smoked windscreen, one owner, helmet w/smoked visor included, extremely low mileage, very clean, excellent condition, \$6,000. Call day: 242-5332, or evening: 394-5968. (10-09x4)

•**1986 Honda Rebel**, 250cc, excellent condition, new Metz tires, chain, great commuter bike, \$1650 OBO. Call 333-0403. (10-09)

Auto/Truck/Motorcycle Parts

•**Coutic 120 Car Amp**, \$50. Call 899-7253. (10-23)

•**Black Nolan Motorcycle Helmet**, \$100. Call 899-7253. (10-23)

•**Yamaha Motorcyle Leathers**, black/Red, jacket size 38 (European), •**Pants 32** (adjustable), excellent condition, \$475; •**Shoei Motorcycle Helmet**, new \$265. Sell \$150 OBO. Call 242-6509.

Sports Equipment

•**Healthrider**, with instructional video, temer/counter and additional weights, \$100. Call 384-2452 before Jan. 1. (12-04)

•**In-Line Skates**, ladies size 8, excellent condition with new elbow, wrist and knee pads, \$30. Call 582-9233. (12-04)

•**Danner Acadia boots**, 13B, excellent condition, \$40;
•**Randall #14 knife**, 7.5" stainless steel blade, excellent condition, needs new scabbard, \$200. Call 899-1483. (12-04)

•**Scuba gear**- complete set- \$1000 for quick sale! Over \$3000 worth of high end equipment, including 2 genesis 80 cu steel tanks with high pressure 1st stage, SeaPro At-Pak with 90 lbs of lift, new wet suit for (5'8" - 5'11"), twin regulators with 3 gauge console, plus dive computer, gear bag, etc. Call 649-4355 after 6 p.m. (12-04)

•**Circuit Cam 6000 Weight Machine/ Stair Stepper**. Comes with manual, work out chart, all parts, 2 hand weights, asking \$140 OBO. Call anytime, 394-4301. (12-04)

•**Vitamaster Exercise Bike**, \$50. Call 394-5926. (12-04)

•**Home Gym**—As seen on TV with Chuck Norris. Works great—used twice, \$75. Call 647-9207. (12-04)

•**Life Fitness 5500**, fitness gym quality, \$1,800 new, asking \$800 OBO. Perfect Christmas gift. Call 392-0208 leave message. (12-04)

•**Wilson Staff 3-4 Golf Clubs**, PW,SW Firesticks, excellent condition, and **Wilson Prostaff Woods 1-3 Golf Clubs**, graphite shafts, \$400 OBO. Call 242-5464. (10-23)

•**Lifestyler Spacesaver Treadmill**, Sears Maintenance Agreement good until March 2000, (sells for over \$400) will sell for \$300. Call 583-9336. (11-06)

•**Golf Cart**, \$15. Call 393-1180 after 6 p.m. (11-06)

•**Golf clubs**, complete set of tour model series 5 irons (3,4,5,6,7,8,9,PW,SW), metal woods with head covers (1,3,5), putter, package includes bag, tees, and several top-flight balls, only been used 5 times, only \$250. Call 582-0308 anytime for the deal of a century. (11-06)

•**AbRoller Plus**, \$30. Call 393-9721. (11-06)

•**K2 Skis**, 135 cm, with Americana Adjustable Bindings, \$35. Call 242-7928, M-F, 7:30 a.m.-5 p.m. (10-23)

•**Boxing Speedbag Platform**, \$25; •**Speedbag**, leather, \$20. Call 899-7253. (10-23)

•**Exer-Cycle**, large seat, in excellent condition, \$65. Call 372-2448/3447, or email: DebiPage@aol.com (Please state in email subject line, "For Ginger"). (10-09)

•**Treadmill**, 10 MPH, \$250. Call 392-1617. (09-25)

•**Golf Clubs**, Wilson Staff 3-4, PW, SLV Firesticks, Wilson Prostaff Woods 1-3 graphite shafts, excellent condition,

•**Wet Suit**, medium with belt, fins, \$100. Call 648-8327. (09-25)

•**Driver**, graphite shaft, 6-4 titanium head, really nice club, \$100 OBO. Call 899-3141. (09-25)

•**Trampoline**, 14 ft., \$150. Call 899-5519. (09-25)



Pets



Found: Rotweiler

Found in Stilwell Park running around. Rotweiler is friendly and appears less than one year old. Call 394-3644 home, or 242-7332 (ask for Spc. Gabino) daytime. (12-04)

•**LOST: Grey Cat** with grey rings on tail. Male, neutered, very friendly. Lost in Stilwell Park, POM Annex on Nov. 2. Call 899-5362. (11-13)

•**Eight Fresh Water Tropical Fish** - FREE TO A GOOD HOME - Tetras, Platy, Danios, good community tank fish. Call 392-0205. (12-04)

•**Yellow Lab** - FREE TO A GOOD HOME - Male, not neutered, 11 months, 85 lbs. Good with children. Has all shots. Call 394-0923. (11-13)

•**Small active dog** - FREE TO A GOOD HOME - Dachsund-Basset mix. Doesn't bark, house-trained, and likes to run. Call 392-1568. (11-13)

•**White domestic rabbit**, cage and all accessories. \$20. Call 392-1568. (11-13)

•**5-week-old Baby Bunnies** - FREE TO A GOOD HOME: very cute and cuddly, must take in pairs as they are very social animals. Male rabbits can be neutered for approx. \$33. We will supply first 25 lb. bag of pellets. Call Karen or Joe at 392-1551. (10-23)

•**Dalmation Puppies**, for sale without papers. Very Lovable and cute, asking \$150 each. For more info, call Terrance or Lenthoria, 583-1240 or 583-1238. (10-23)

•**Bird, Parakeet**, albino, white with ruby red eyes, female, 2 years old, finger-trained. Needs new home. Bird accessories & cages only \$60. Call 775-0804, leave message. (09-25)

•**Cat** - FREE TO A GOOD HOME - 6 month old, black and gray stripped, tabby male cat needs a good home. Comes with all pet accessories, litter pan, cat dish, cat food and toys, asking \$20 for the accessories OBO. Please call 899-1047. (09-25)

Computers and Accessories

•**Laptop Computer**- Compac 486/33 Mhz, Type 2 PCMCIA Scot, 3.5 drive, 56k X 2 modem. Comes loaded with MS Works (word processor/spreadsheet/database program), Lotus Tabworks, Lotus organizer and more. Only \$300. Call 394-0749. (12-04)

•**MS Office 97 Professional Edition CD**, new in-factory shrink-wrapped jewel CD case with registration number for online registration with Microsoft. Includes Word, Powerpoint, Access, Excel, and Outlook. This is the FULL VERSION—not an upgrade! \$100 firm. Call 582-9233. (12-04)

Looking for that perfect Christmas gift? Here it is. •**Nexar 200mhz**, 2 GB, 8x CD ROM, 24 MB RAM, 15 in monitor, comes with speaker package, loaded with extras, Windows 95, Office 97 and more. Also comes with a new HP DeskJet 694C Color Printer. Asking \$1000 OBO. Call 392-0208 leave message if not home. (12-04)

•**Pentium 75 16 MB RAM**, with Windows 95, 1.2 GB hard drive, 33.6 modem, sound card, video card, mouse and mouse pad, keyboard, \$419. Call 883-4211 after 5 p.m., or 242-6973 (wk) daytime. Ask for Koryal. (12-04)

•**15" color monitor** (refurbished), \$125; **Used Panasonic printer**, black and white, \$20. Call 883-4211 after 5 p.m., or 242-6973 (wk) daytime. Ask for Koryal. (12-04)

•**Great Deal on a Great Computer:** This computer is only 3 months old from Gateway. The computer features a 400mhz Intel Processor, 10 Gig Hard Drive, DVD, 128 SDRAM, 19" inch Superscan Monitor, Telepath X2 Modem, sound Blaster 64 w/Boston Acoustic Speakers. Software Preinstalled, Win 98, Ofc 97, Quicken 98, Microsoft Publisher. This computer also comes with an internal zip drive. Asking \$2500 or best offer. Call 392-0208 lv msg if not at home. (11-13)

•**Pentium 133**, 1.0 GB Hard Drive, 16 MB RAM, 14x CD ROM, 33.6 Modem, Sound Card, Video Card, Mouse & Mouse Pad, Keyboard, \$499. Call 883-4211 after 5 p.m. or 242-6973 daytime (ask for Koryal). (11-13)

•**Color Monitor, 15"**, Digi View, **NEW**, \$125. Call 883-4211 after 5 p.m. or 242-6973 daytime (ask for Koryal). (11-13)

•**New 4.3 GB Maxtop DiamondMax** UDMA IDE hard drive, \$170. Call 899-1309. (11-13)

•**Nintendo 64 Entertainment System**, includes one controller, Rumble Pak, two games (*StarFox 64* & *Star Wars: Shadows of the Empire*), hardly used, (value of \$320) asking \$200 OBO. Call 884-0218. (11-13)

•**Packard Bell computer**, \$50. Call 393-1637. (11-13)

•**Computer Desk**, wood, oak-colored, 32"Hx28-1/2"Wx19-3/4"D, slide-out keyboard shelf, \$40; **LANE coffee & end tables**, dark wood, \$125; **Exer-cycle**, solid, comfortable seat, \$65. Call 372-2448. (11-13)

•**Video game systems:** Sega Genesis, 3 games, all boxed, extra controller, one player guide, \$65; •**Sega game gear**, 2 games, all boxed, AC adapter, \$55; •**Original Nintendo (NES)**, 6 games, NES Advantage joystick, Duck Hunt gun controller, \$50. All systems in excellent condition. All three systems \$150 OBO. Call/leave message 659-1219. (11-13)

•**Mac Compatible Computer**, Umax SuperMac C600/240 minitower with 240 MHz 603e, 64 MB RAM, 2.1 GB HD, 8x CD ROM, Zip drive, 2 video cards (one 128-bit), and TV Tuner. Software includes Mac OS8.1, Clarisworks, Adobe

Pagemill, and Metrowerks Codewarrior. Asking \$700. Call Bob at 899-3677 after 4 p.m. (10-23)

•**Laptop Computer (Apple)**, Power Book 500 series, completely updated, asking \$700 OBO; **Leather Motorcycle Jackets** (woman's size large), black with zipper front, costs \$300 new, hardly worn, sell for \$150 each OBO. Call Fred at 242-6459 (7:30 a.m.-5 p.m. or 646-9075 after 6 p.m.) (10-23)

Entertainment Items

•**Victrola Case**, \$165. Call 393-1180 after 6 p.m. (12-04)

•**Console Color TV**, \$50 OBO. Call 393-2292. (12-04)

•**Electric Guitar:** Washburn/Lyon electric and string, orange flame top stratocaster style. Cheaper than a US Sendor, better than a Japanese copy. Never used. Call 242-6861. (12-04)

•**Playstation** 2 games Madden99, BogeyDead6, 2 controls, 15 block memory card. Used very little. \$150. Call 899-5519. (12-04)

•**Bose 901 Speakers** with graphic equalizer and pedestal stands. Walnut tops and bottoms. Like new. \$500. Call 899-1483. (12-04)

•**Sega Saturn**, with lots of extras, \$200 OBO; **Thunderbird PC Joystick**, \$20; •**Kenwood 130W Surround Sound Receiver**, \$300 OBO. •**LABTEC Computer Speakers**, \$15. Call after 5 p.m. 899-4258.

•**Optimus (2) amplified**, portable, extra base, 70 watt speakers with AC adapter, hooks into any headphone outlet or portable electronics, in great condition, \$35. Call (832)582-0308. (11-13)

•**Aiwa portable CD player** and package with extra bass & 3 second electronic anti-shock system, player package includes A.C. & car cigarette lighter adapters, car cassette adapter, Aiwa headphones, CD player carrying case that holds 60 CDs, everything in great condition. \$75. Call 582-0308 anytime. (11-13)

•**TV/Stereo Entertainment Center**, oak veneer, glass doors, lots of shelves for both TV and stereo components (48"x60"), very clean and nice, \$100. Call 242-5825 days or 394-1633 evenings. (11-13)

•**Sega Saturn** with lots of extras, \$200 obo; •**Thunderbird PC joystick**, \$20; •**Kenwood 130W Surround Sound Receiver**, \$300 obo; •**LABTEC Computer speakers**, \$15. Call after 5 p.m. at 899-4258. (11-13)

•**Pioneer detachable-face CD player**, Premier DEH-48 53Wx4, (sells for over \$200) will sell for \$150. Call 583-9336. (11-06)

•**Travel TV/VCR**, 9-inch color with remote, AC plug and car plug, (sells for over \$300) will sell for \$200. Call 583-9336. (11-06)

•**Console Color TV**, \$50 OBO. Call 393-2292. (11-06)

•**Piano**, Wurlitzer, \$1,800, •**Bench**, brass, cushioned, \$45. Call 899-3550. (10-23)

•**Kenwood pull-out Car Stereo**, w/o jack, \$25; •**Drums**, black TAMA professional w/Sabian Cymbals, \$1,500. Call 899-7253. (10-23)

Miscellaneous

•**Original Hallmark Christmas Tree Decorations**, vintage quality, Best Offer. Call 899-7815. (12-04)

•**Anth II Dealing with Diversity** text and work book, \$35; **Soc. 40 text**, \$30. Call 657-5715. (12-04)

•**BEANIE BABIES!!! New Princess Diana Bear** for sale with locket style tag protector, \$100. **Also have Chocolate**, one of the original nine, \$20. Call 884-9772. (12-04)

•**MPC Anthropology II, Dealing with Diversity** text and workbook, \$35. Call 657-5715. (11-06)

•**Baby carrier**, baby strap-on (used 2-3 times), great colors, \$10. Call 582-0308. (11-13)

•**Car Seat Carrier** (Evenflo), for girl or boy, only used a few times, very clean, \$30. Call 582-0308. (11-13)

•**Bears**, USA polo, musical mobile, still in box, \$20. Call 582-0308. (11-13)

•**4'x6' foot heavy gauge steel trailer**, with lights and ramps \$300. Call 583-9930. (10-23)

•**Two Arrow Outdoor Sheds**, brand new, still in box, 8'x10', cream/chocolate trim, \$150 each. Call 242-6509. (10-23)

•**3 DAVID WINTER COTTAGES FOR SALE: 1989 Christmas Special: "A Christmas Carol"**, limited run. Mint condition. #068464 with box and all original packing material including all forms and inspection slips, \$210; **1987 Christmas Special: "Scrooges Counting House"**, limited run excellent condition, no box, \$235; **1980 Production "Rose Cottage"**, excellent condition, no box \$70. All purchased directly from David Winter Dealer in The Netherlands. Prices Negotiable. Call 392-1551. (10-23)

•**Scotts Evergreen Drop Spreader**, brand new in box, \$20. Call 242-7928, M-F, 7:30am-5pm. (09-25)

•**Seashell Collection; Russian Pins Collection**, ancient architecture and old cities; **Russian Wooden Souvenirs**. Call 392-0269 (leave message) or e-mail at peter_savoy@hotmail.com. (10-09)

Lost and Found

(for lost and found pets, see "PETS")

•**FOUND: Gold Ring** was found in the parking lot across from MILPO, building 616. If this is your ring, please call Kira Ivanousky at 372-0388. (12-04)

•**LOST: High School Class Ring** "Webster County" April 1997, gold, sz 4.5, pinkish multi-colored stone, heart on each side, engraved "April Louise"; **Amethyst Stone**, gold, plain heart shaped; **Wedding Band** (older), gold, 3-4 diamond chips; **Silver**, 2 roses with leaves. Call 333-3783. (12-04)

•**LOST: Bookbag** (Black with red plaid tweety bird bookbag). Left at Burger King on Saturday, Nov. 28, 1998. Please call 583-9227. Sentimental items inside.

Wanted

Extended Cab, late model pickup or late model Corolla/Honda. Buy or take over payments. Call 848-1486. (12-04)

•**8mm Projector**, (not super 8) even if it needs repairs. Call Francis 626-8236/ or voice mail 626-1260. (10-23)

•**Jogging Stroller**. Call 647-0437. (09-25)

Household Items

•**11-piece Patio Set**, \$350. •**Antique English furniture**: sideboards, \$850 and \$1,700; • **Dresser and Wardrobe**, \$1,600; •**Bookcase**, \$225; •**Victrola Case**, \$165. Call 393-1180 after 6 p.m. (12-04)

•**Nativity Set**, \$35; **Various Christmas ornaments**, \$1-\$3. •**F-P Activity Links Gym**, \$10; •**Kolcraft Rock n' Play Infant Rocker**, \$10; •**Rail Rider Changing Platform** (fits over crib rails), \$5; •**10 Drawer nut and bolt Case/Stand** full of screws, nuts, bolts, nails, etc, \$15; •**Swivel Rocker**, cranberry-brown, \$35; Call 394-5926. (12-04)

•**Baker's Rack plus gold Wall Mirror**, both excellent condition, \$75 OBO; •**Console Color TV**, \$50 OBO. Call 393-2292. (12-04)

•**Bell South answering machine**, \$12; •**Cordless phone**, needs battery, \$10; also •**Packard Bell Computer**, \$50. Call 393-1637. (11-13)

•**Sofa**, black, \$75; •**Coffee Table**, black, \$50; both for \$125. Call 655-3707. (10-23)

•**Travel TV/VCR**, 9-inch color with remote, AC plug and car plug, (sells for over \$300) will sell for \$200. Call 583-9336. (11-13)

•**Baby Swing** (Graco), 2 speed, open-topped, battery operated, 3-position seat, very, very clean, practically brand new, all original packaging \$50. Call anytime at 582-0308. (11-13)

•**Double Stroller** (side-by-side), each seat individually reclinable, with canopy and big basket, great condition asking \$60; •**Infant Carrier** (Snuggli), like new, \$8. Call 394-8241. (11-13)

•**Noah's Ark Crib Comforter Set**, 6 pieces, includes matching mobile, primary colors, like new, \$60; •**Diaper Genie**, like new, \$10; •**Bed Rails**, full size, \$10. Call 393-1637. (11-13)

•**Sofa**, black, \$75; •**Coffee Table**, black, \$50; both for \$125. Call 655-3707. (10-23)

•**Couch**, love seat, chair w/ottoman, \$200; •**Television Stand**, \$20; •**Wooden Cradle**, w/bedding, \$50; •**Area Rug** (Mauve, blue, off white, 7'x5 1/2', \$35. Call 394-0252. (10-23)

•**Lamps (2)**, small marble lamps, \$15 each; •**Tables (2)**, solid wood end tables, \$10 each; •**Tent (Coleman)**, sleeps 5, never used, \$40; •**Chair** with matching ottoman, country pink color, \$45. Call 899-3550. (10-23)

Acceptable Classified Ads: *Lost and Found*, *Wanted* or *For Sale* items such as bicycles, books, cameras, cars, clothes, computers/software, cribs, furniture, rugs, stereos, televisions, tools, trailers, trucks, etc. (this publication does not advertise weapons for sale/trade). Onetime sale only, not for a profit sharing venture of multiple items (classified ads such as rentals, help for hire, or tutoring for dollars are unauthorized). You are welcome to advertise more than one ad in the same publication. Ads will be published three (3) times in three consecutive issues (or longer if space permits) after which you must call or send in a renewal request. If you have any questions, please feel free to call the Public Affairs Office at (408) 242-5104 and ask for the editor.

**When your ad(s) have sold, or if you're departing DLI/POM, please let us know.
Call 242-5104**

Household Items

•**DayBed w/Trundle**, white, like new, asking \$140. Call 384-0655. (12-04).

•**Washer and Dryer (G.E.)**, not even a year old, \$400. Call 644-0926. (12-04)

•**Lamps**, assorted sizes/styles, \$10 each; •**Draperies**, assorted lengths/styles, \$20-\$50; •**Men's Wool Suits**, 42 long, excellent condition, \$\$negotiable; •**Vacuum Cleaner** (Eureka) w/attachments, \$30; •**Kitchen Items**, assorted pots, pans, glassware, \$\$negotiable. Call 242-7928. (12-04)

•**MOVING MUST SELL!** •**King size waterbed set** (solid pine), 5 pieces, \$200; •**Wood dining room table** with 4 chairs, \$100; •**Headboard** for fullsize bed, \$20; •**Microwave**, \$100; •**Futon**, \$150; •**Entertainment center**, \$25; •**Wood coffee table**, \$20; •**Gas BBQ grill**, \$100; •**Patio furniture set**, \$125; •**Black Leather Recliner with ottoman**, \$50; •**Washer and Dryer**, \$200. Call 899-1645 or e-mail: wertnt@webtv.net (12-04)

•**7' Artificial Christmas Tree**, \$30. Various Christmas decorations, lights and such. Red with white snowflakes material, prices negotiable; •**Full/Queen size bed rails**, \$15. Please call Mary, 393-9331. (12-04)

•**White Daybed with Trundle**. like new, asking \$140. Call 384-0655. (12-04)

•**Double Stroller** (side-by-side), each seat individually reclining, with canopy and big basket, great condition. Asking \$60. •**Snuggli Infant Carrier**, like new, \$8. Call 394-8241. (12-04)

•**Pooh Crib Bumper**, \$10; •**Little Tikes Crib Activity Center**, \$7; •**Windancer Bouncy Horse**, \$20. Call 394-6447. (12-04)

•**Bissel Green Machine Vacuum Cleaner**, \$75 OBO; •**Lightweight, compact baby stroller** (never used), \$13. Call 392-0730. (12-04)

•**1996 Murray "Ultra" Lawn Tractor**, 19hp, 46" cut, mulcher kit installed. Asking \$1100. Call 242-6046 or 384-5424, leave message. (12-04)

•**Portable Dishwasher (Kenmore)**, like new, 1 yr. old, \$250; •**Poulan "Woodsmen" 14" chainsaw**, \$80; •**Radial Tire, Snow Chains**, cable type, \$15; •**Little Tykes Tabletop Changing Table**, \$25; •**Baby "Whale" Wash Tub**, \$3. All items OBO. Call 242-6046 or 384-5424, leave message. (12-04)

•**Leather Motorcycle Jackets** (woman's size large), black with zipper front, costs \$300 new, hardly worn, sell for \$150 each OBO. Call Fred at 242-6459 (7:30 a.m.-5 p.m. or 646-9075 after 6 p.m.) (10-23)

•**Sofa Loveseat**, blue, good condition, \$125. Call 394-6443. (11-13)

•**Baby Bed w/Mattress** (Jenny Lind Baby Bed), \$50; •**Baby Swing**, \$15; •**Queen Size Head Board**, \$10. Call 899-7253. (10-23)

•**Lawnmower w/Grass Catcher**, \$45. Call 242-5464. (10-23)

•**Washer & Dryer**, excellent condition, \$80/both; •**6 Chairs**, colonial-style, \$60/all; •**Microwave Cart**, \$20; •**Upholstered Chair**, light beige tweed, \$20; •**Coffee Table & 2 End Tables**, maple, \$50; •**Computer Desk**, compact, \$40; •**Sofa and End Table** by Lane, \$125. Call 372-2448/3447, or email: DebiPage@aol.com (Please state in email subject line, "For Ginger"). (10-23)

•**Dryer**, needs work, \$15. Call 392-1648. (10-09)

•**Lawnmower w/Grass Catcher**, \$45. Call 242-5464 or 242-5556. (10-09)

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To place an ad in the *Community News*, you must be assigned to DLIFLC & POM or residing on POM / POM Annex.
If presenting ad in person: Show your military or DoD civilian ID card to: any PAO staff member, Building 614, Room 142 (242-5104).
If sending ad via e-mail (both military and DoD civilians): Include your office telephone extension & directorate/office.

(DoD CIVILIANS: Include your DoD I.D. number in your MS Mail message ad.)

Name	Rank/Level	Unit / Civilian Agency	Phone
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Item(s) For Sale or Lost & Found: _____